

# Newsletter

## March 2025

The month of February was full of changes. We had 2 days of unexpected closure. Lots of absences due to sickness. But we are a resilient group, so here is to a better month!

Special thank you to the New Lothrop Nazarene Church for sponsoring a Valentine's Day Lunch/Party. They rescheduled at the last moment so more of our individuals could attend. We are very thankful for the people in our community who care about us!

March is our first sign of spring, and we can't wait for warmer weather. We will be celebrating St. Patrick's Day on March 17<sup>th</sup>, wear your green and bring your inner Irish.

### Meet Sarah N.

Sarah has been with the company for 9 years as an aide. Her first 5 years were at CTN, then she moved to CTS for the last 4 years. Sarah's favorite thing about CTS is our individuals attending the program, they fill her heart when she is with them. Sarah has lots of life experiences. Her greatest accomplishment is her children, and her career goal is to bring joy and knowledge to CTS individuals. When Sarah is not working, she enjoys cooking, crafting, walking and traveling. A favorite line is "I'm right on top of it, Rose" from a movie. Sarah aspires to be a better self, because she can't compare herself to anyone else (we are all so different). A fun fact about Sarah, she wants to travel to Asia for her bucket list.



### Birthdays

8<sup>th</sup> – Rusty  
10<sup>th</sup> – Joe  
12<sup>th</sup> – Bradley  
17<sup>th</sup> – Scott B.

### CONTACT US

As always, if you have any questions, comments, or concerns please feel free to contact us.

We would love to help!

**Main Number/Mary Angst, Typist Clerk**  
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**Deb Woolcott, Supervisor**  
**(989) 272-7226**

**Anne Midcalf, Program Coordinator**  
**(989) 272-7206**

### SPECIAL DATES

10<sup>th</sup> – Swimming at Delta (\$)  
11<sup>th</sup> – McDonalds Lunch (\$\*)  
17<sup>th</sup> – St. Patrick's Day Party  
18<sup>th</sup> – Hop Movie @ Eimage (\$)  
25<sup>th</sup> – Big Rock Coffee (\$)

# March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
 <b>Budget &amp; Calendar</b>	<b>Community Safety &amp; Personal Info</b> <b>Shop &amp; Make Pancakes</b> <b>Cardio Drumming</b>	<b>Birthday Prep &amp; Recognition</b> <b>Five Below</b> *Seniors Luncheon	<b>Writing Skills</b> <b>Mall Walking</b> <b>Recycle Pop Cans</b>	<b>Game Day in the Gym</b> <b>Thomas Township Nature Park</b> *Seniors Luncheon
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Science Experiments</b> <b>Recycling</b> \$ Delta Swimming	<b>Story Time/Reading</b> \$* McDonald's Goodwill	<b>Plant a Flower Day</b> <b>Castle Museum</b> *Seniors Luncheon	<b>Paint Rocks</b> <b>98 KCQ Tour</b> <b>River Rapids Library</b>	<b>St. Patrick's Day Craft</b> <b>Menards</b> *Seniors Luncheon
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>St. Patrick's Day Party</b> 	<b>Money Skills</b> \$ Hop Movie - Emagine Theater Sam's Club Shopping	<b>Number/Letter Recognition</b> <b>YMCA</b> *Seniors Luncheon	<b>Time Management</b> <b>Home Depot Craft</b> <b>Mirror Maze</b>	<b>CTS Closed</b> 
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Spring Scavenger Hunt</b> <b>Recycling</b> <b>Barnes and Noble</b>	<b>Math Skills</b> <b>Visit a Pet Store</b> \$ Big Rock Coffee	<b>Individual's Choice</b> *Seniors Luncheon <b>Colonial Lanes Bowling</b> 	<b>Chair Yoga &amp; Meditation</b> <b>Go to CTN for Cards</b> <b>Center Court</b>	<b>Spring Craft</b> <b>Label Reading - Meijer</b> *Seniors Luncheon
<b>31</b>			<p><b>Outings are subject to change due to weather, staffing, and what the attendees choose to participate in each day.</b></p> <p>* = Outing includes Purchasing Lunch    \$ = Outing requires Money</p> <p><b>If the outing does not have an asterisk (*), you NEED to bring your lunch from home.</b></p>	
<b>Games</b> <b>Bingo</b> <b>Movie</b>				

# VALENTINE'S DAY PARTY



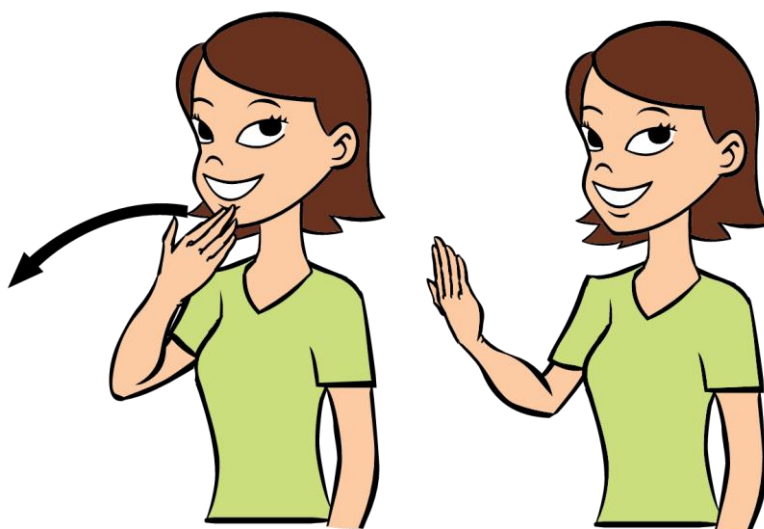
THANK YOU NEW LOTHROP NAZARENE CHURCH!



**THANK YOU STAFF AND DRIVERS FOR HELPING!**



# You're Welcome / Thank You



Mark, Nelson, and Joe are demonstrating the sign of "You're Welcome" and "Thank You."

The same sign is used for both meanings.

# PLEASE NOTE..



Please make sure your participant always has at least one change of clothing at CTS. We have some clothing on hand for emergency use and request that it be promptly returned to CTS after being used. Also, clothing donations, especially men's items, are always appreciated.



As we get into the cold winter season, it is very important that all participants come to program dressed appropriately. This includes coats, hats, gloves, scarves, boots, and shoes. Please make sure all personal clothing items are labeled so we can make sure they return home with the correct participant.



Emergency closure information is broadcasted on WEYI 25 and WJRT TV12. The message on the screen should read, "Comm. Ties South will be closed." You may also call (989) 272-7000 for up-to-date closure information or visit our website at [www.sccmha.org](http://www.sccmha.org). Go to "News & Information" and then "Emergency Closure Information."



As we are concerned for the safety of everyone, especially during inclement weather and bad road conditions, please call (989) 272-7204 to let CTS know if your participant is not going to attend program for any reason.