



SELF DETERMINATION DELIVERED



April - June 2024

Activities

Freeland Walleye Festival: April 27 - 30 at Burt Watson Chevrolet, 7638 Midland Rd., Freeland
www.freelandwalleyefestival.com



Cinco De Mayo: Parade: May 4 at 11 AM

Route: Hoyt Park, down South Washington Street to the Jolt Credit Union Event Park for the Festival
Festival: May 4, 10 AM - 6 PM at Jolt Event Credit Union Event Park, 300 Johnson St., Saginaw



Frankenmuth Dog Bowl: May 24 - 27

925 S. Main Street, Frankenmuth
Pet parade, silly animal tricks, dog demonstrations
www.dogbowlfun.com



Prom in the City

Date: Saturday, May 4, 2024

Time: 6 PM - 11 PM
(Doors open at 5 PM)

Location: Kochville Hall, 3265 Kochville, Saginaw, MI

Cost: FREE for participants

Questions: Call Crissy at (989) 355-5201



Breakfast Banana Split

Total Prep Time: 5 minutes Servings: 2

INGREDIENTS

- 2 bananas
- 1 cup of yogurt (vanilla, strawberry, raspberry, or any flavor of yogurt you like)
- 1/2 cup granola
- 1/4 cup chocolate chips
- Toppings: raspberries, blackberries, or anything else you enjoy!

INSTRUCTIONS

- 1) Cut banana in half and add the yogurt down the middle .
- 2) Add as many toppings as you like—raspberries, blackberries, granola, chocolate chips, etc.

Enjoy!!!!



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY

+ 24-HOUR CRISIS HOTLINE

(989) 792-9732 or (800) 233-0022

Changes Coming to Time Sheets & Progress Notes

Beginning **September 1, 2024** all time sheets and progress notes will be done electronically.

The state is in the process of implementing HHAExchange, the state recommended EVV system. Staff will be able to clock in via a mobile app, landline telephone, or a fob device which can be sent to the consumer's home if needed. Staff will also enter progress notes electronically.

The Self Determination Department will keep you informed as they get more information.



New Beginnings...

Spring is the perfect opportunity to start over by freshening up your home.

- * Dust ceiling fans and light fixtures
- * Clean window sills and tracks
- * Wipe down walls and baseboards
- * Organize cabinets and drawers
- * Properly dispose of old medications
- * Vacuum the nooks and crannies of your furniture
- * Clean out your closet
- * Vacuum/disinfectant your mattress
- * Clean out your refrigerator
- * Clean your stovetop and oven
- * Clean out kitchen cabinets



Explore Local Saginaw Parks

Harvey Randall Wickes: 3599 Hospital Rd.

Trails , pond, disc golf, picnic area, etc.

Imerman Memorial Park: 3495 Midland Rd.

Walking trails, fishing dock,
basketball courts, picnic area, etc.



Price Nature Center: 6685 Sheridan Rd.

Over 3 miles of different walking trails.

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CONTACT US

Self

Determination
Coordinators



Training Requirements for Self Determination Providers

The goal of SCCMHA is to provide families and individuals with the tools that allow them to provide appropriate training to their providers. **The trainings below are all mandatory trainings:**

- Recipient Rights (online at sccmha.org, **annually**)
- Blood Borne Pathogens/Infection Control (online at sccmha.org, **annually**)
- First Aid (online at sccmha.org, **annually** or in-person class, **2-year certification**)
- IPOS Training (training on employer's current Individual Plan of Service (IPOS) – Document completed in-home with employer, or designated trainer, **annually**)



To access online trainings:

Go to sccmha.org > "Training" tab (top far right) > Self Direction Provider Training

