

SELF DETERMINATION DELIVERED



January - March 2025



Outdoor Winter Activities

Midland City Forest—Open 8AM-10PM Daily. Ice skating, Cross country skiing, hiking trails, sledding and tobogganing also available at City Forest. Call the Rainout Line at 989-399-0506 to check conditions.

Zehnder's Snowfest 2025—Come out to Frankenmuth to see larger-than-life snow sculptures and beautifully detailed ice cravings. January 29th—February 2nd. **Cost: FREE**

Indoor Winter Activities



Center Courts: Stay moving while it's cold outside! Track hours are Monday-Friday 6AM—9PM, Saturday 8AM—4PM, Sunday 12PM- 5PM **Cost: FREE**

Saginaw Art Museum—Saturday's are **FREE Admission**.

Check out their website www.saginawartmuseum.org for up to date activities that are offered such as on January 25th, from 1-4pm featuring Monoprinting. You will have a chance to make your unique print to take home.

Fashion Square Mall—Offers a great place to stay warm while still getting your steps in. Walking hours are: Mon.-Sat. 7AM-8PM, and Sun. 11AM-6PM

Delta College—Pool

Enjoy 3 pools, lazy river, hot tub, and a slide!
Call for availability 989-686-9026
Cost: \$6 per day.



Public Libraries of Saginaw—Check out www.saginawlibrary.org to see the most up to date activities they are hosting such as book clubs, movies, crafts, and more.

Lasagna Soup

Prep: 20 min

Cooks: 40 min

Makes: 6 servings

Ingredients:

1 pound hamburger
1 large onion diced
1 green pepper diced
4 garlic cloves minced
4 cups beef broth
1 cup water
14 ounces tomato sauce
28 ounces canned diced tomatoes with juices
1 1/2 teaspoons dried basil
1/2 teaspoon Italian seasoning
1/2 teaspoon seasoned salt
1/2 teaspoon black pepper
8 lasagna noodles broken into 1-inch pieces



Directions:

1. Heat large pot over medium-high heat and add the hamburger, onion, green pepper, and garlic. Break it up with a spoon, cooking until no pink remains. Drain any excess fat.
2. Add the tomato sauce, diced tomatoes (with juices), beef broth, seasonings, and 1 cup of water.
3. Bring to a boil, reduce heat to medium low, and simmer covered for 15 minutes.
4. Add the lasagna pieces to the simmering soup and simmer covered for an additional 15 minutes or until the pasta is tender.
5. Spoon into bowls and serve with toppings of your choice parmesan, mozzarella, or ricotta cheese.

www.spendwithpennies.com



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY



24-HOUR CRISIS HOTLINE

(989) 792-9732 or (800) 233-0022



STUART T. WILSON CPA, PC

CERTIFIED PUBLIC ACCOUNTANT
FISCAL INTERMEDIARY

Timesheets For Pay Period	Timesheets Due By NOON (Grace Period Ends 4:30PM)	Checks Issued On
December 15 – December 21	December 23	January 2
December 22 – December 28	December 30	January 9
December 29 – January 4	January 6	January 16
January 5 – January 11	January 13	January 23
January 12 – January 18	January 21	January 30
January 19 – January 25	January 27	February 6
January 26 – February 1	February 3	February 13
February 2 – February 8	February 10	February 20
February 9 – February 15	February 18	February 27
February 16 – February 22	February 24	March 6
February 23- March 29	March 3	March 13
March 2—March 8	March 10	March 20

Social “U” Tentative Dates 2025

January 7th	Saginaw ISD Transitions Center	
	Unity Hall-Center Campus	5:30-7:00pm
February 4th	Millet Learning Center	5:30-7:30pm
March 4th	Millet Learning Center	5:30-7:00pm
April 1st	Millet Learning Center	5:30-7:00pm
May 6th	Millet Learning Center	5:30-7:00pm
June 3rd	Millet Learning Center	5:30-7:00pm

Cost: \$2.00 per person

To RSVP or any questions email Angela at:

socialu2021@yahoo.com



Keep up with any changes by visiting

Website: www.socialuamazing.org

Facebook: [Social “U” Saginaw](#)

Dates and times are subject to change

CONTACT US

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2.1.1

Get Connected. Get Help.™



CALL

Dial 211 on your phone



TEXT

Text your ZIP to TXT 211 (898 211)



CHAT

Click Here! Live Chat 24/7



SEARCH

Community Resource Directory

Certified Peer Support Specialist Warmline

Call 888-PEER-753 (888-733-7753)
10 a.m. - 2 a.m., 7 days a week





**A SPECIAL SKATING SESSION
FOR PEOPLE WITH AND WITHOUT DISABILITIES**

LET'S ROLL TOGETHER

**THIS SESSION WILL INCLUDE WHEELCHAIR ACCESSIBLE LANES.
THESE LANES CAN ALSO BE USED BY INDIVIDUALS WHO MAY NEED
ASSISTANCE WITH A NON-SKATING SUPPORT PERSON**

**The 3rd Tuesday
of every month
6:00-7:30pm**

**\$10 ADMISSION
includes skate rental**

**CAREGIVERS & DIRECT SUPPORT STAFF ARE FREE
(FREE ADMISSION VALID FOR ONE CAREGIVER/SUPPORT
PERSON PER PARTICIPANT)**



2909 BAY CITY RD-MIDLAND ROLLARENA.NET





Self Determination

January 1, 2025

Re: Time Sheet/Progress Notes & **Onboarding** Electronic EVV Implementation

Dear Employer,

Hopefully, everyone had a safe and happy holiday season!

Stuart Wilson's office is diligently working to get everyone onboard with Michigan's contracted provider application to implement a smart phone application named EVVIE, an electronic timekeeping system. Stuart Wilson's office began a soft launch in September and has been steadily increasing since. It is going to take a while to get every employee set up in the new system. Meanwhile, employers and/or staff may obtain additional copies of the "Self-Directed Time Sheet & Progress Notes" form from our SCCMHA Customer Service Desk located at 500 Hancock in Saginaw. Additional forms are also enclosed.

We hope you enjoy the enclosed Self-Determination Delivered Newsletter! We are always open to suggestions on items you would like to see added to our quarterly newsletter. Please feel free to contact us with any recommendations, questions, or concerns.

Regards,

The Self-Determination Department

Amanda Louchart (989) 797-3481

Kalen Steger (989) 272-0239

Nakeisha Bledson (989) 272-7002

Vaia Economou-Clifford (989) 498-2279

Enclosures: Self-Determination Delivered Newsletter, Time Sheet/Progress Notes, & Flyer