

OUR SERVICES



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY

ABOUT US

Saginaw County Community Mental Health (SCCMHA) is a local, independent, governmental unit serving the greater Saginaw County area, a Community Mental Health Services Program and has been a mental health authority under contract with the Michigan Department of Health and Human Services since October 1, 1997.

In 2021, it was named a **Certified Community Behavioral Health Clinic (CCBHC)** by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration. As a CCBHC, SCCMHA is a “one stop wellness center” and offers a full range of services that create access to care, stabilizes individuals in crisis and provides the necessary treatment for those with mental illnesses, intellectual/developmental disorders, children/youth with emotional disorders and substance use disorders regardless of their insurance coverage.

SCCMHA is a behavioral health provider but also a specialty network. The network is comprised of organizations that provide professional services, but also housing and other support services and interventions in both office and site-based locations as well as in the homes of consumers and their families.

Payment of Services

Asking for help for yourself or a loved one can be difficult enough, do not let any worry about payment for service be an obstacle to seeking treatment and support. Based upon your service needs we will work with you to determine commercial insurance, and/or Medicaid or Medicare coverage for your service costs. We also have a sliding fee schedule based upon your income and household size that we will use to help you with the cost of your services if you are uninsured or under insured.

Embracing Difference with Dignity and Respect

At SCCMHA we strive to embrace diversity of race, ethnicity, military culture, gender and age. We provide training to members of our staff and network to help them obtain cultural competencies to help ensure the best service for you. Everyone deserves to be valued and cared for, and at the SCCMHA Network, all people are welcome through our doors. We are dedicated to providing services to everyone in a culturally sensitive manner and we especially accept members of the LGBTQIA+ community as equals and treat them with respect.



ACCESS AND ELIGIBILITY

Central Access and Intake

is the first stop for anyone wishing to receive services from SCCMHA. With headquarters at **500 Hancock in Saginaw**, we welcome you to call or walk-in for professional, caring and confidential help. We can answer questions, refer you to community resources, and provide routine screenings for adults with mental illness, children with emotional disorders, individuals with intellectual/developmental disabilities, and individuals with substance use treatment needs.



📞 989.797.3559
Michigan Relay 711
Toll-Free: 800.258.8678

When you call or walk in, we'll ask you questions that will help determine what services you are eligible for. **Together with you, we'll determine your next step:**

▶ If the situation you describe is an emergency, you will be directed to immediate help.

- ▶ If your situation is not an emergency we will work to determine what services would best meet your needs and arrange for an assessment to be completed.
- ▶ If you are not eligible for services, we will help you identify community resources that may be available to help.

📄 For more information, visit www.sccmha.org



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY



**24-HOUR CRISIS
INTERVENTION
SERVICES**



SCCMHA's Crisis Intervention Services

provides help 24 hours a day, seven days a week. During regular business hours, crisis intervention services are available on site at 500 Hancock, First Floor Crisis Center in Saginaw.

After-hours crisis intervention services are available at the Covenant Emergency Care Center (ECC) at 900 Cooper in Saginaw. The ECC includes SCCMHA Crisis Intervention Services staff members. They not only respond to emergency phone requests through a Crisis Hotline, but also perform psychiatric hospital pre-admission screening and provide crisis stabilization services to those who need this type of help.

Crisis Residential Services at Saginaw Meadows

A residential service for adults intended to provide a short-term alternative to inpatient psychiatric admission for persons experiencing an acute psychiatric crisis when clinically indicated. Services are intended to avert an inpatient psychiatric admission, or to shorten the length of an inpatient stay as a step-down level of care. Services at the licensed setting include psychiatry services, therapeutic support, medication management, behavioral service, milieu therapy and nursing service. Recovery and recovery planning is inclusive of all aspects of life, including relationships, where to live, training, employment, daily activities and physical well-being.



Mobile Response and Stabilization Services (MRSS)

MRSS is an evidence-based practice intervention team of mental health professionals trained to assist youth, adults and their families through a mental health crisis. The services can be provided via telephone or virtual support or a staff team of 2 can respond in person to the home, school or other community settings in Saginaw County.



24-Hour Crisis Hotline

If you or someone you know is experiencing a mental health crisis, please call **989.792.9732** or **800.233.0022**, Michigan Relay 711, 24-hours a day including weekends and holidays.

-  For life threatening emergencies, call 911.
-  For more information, visit www.sccmha.org.



24/7, free, confidential hotline for pregnant and new moms in English and Spanish. Call or text 1.833.943.5746 (1.833.9.HELPMOMS).

Learn more: MATERNAL MENTAL HEALTH HOTLINE



If you or someone you know is struggling or in crisis, help is available. Call or text 988 or visit Lifeline Chat to connect with a trained crisis counselor.

Learn more: 988 SUICIDE HELP LINE

ADULTS WITH MENTAL ILLNESS

Services to adults with mental illness are provided to assist and promote recovery, personal choice and responsibility, and community inclusion. Using a person centered process, supports are designed and provided to help the individual reach their personal recovery goals.



Individual and Group Therapy are a variety of evidence-based practices including but not limited to Dialectical Behavior Therapy, Family Psycho-education, Men's Trauma Groups, Women's Trauma Groups, Motivational Interviewing and Co-occurring Disorder Groups.



Psychiatric Services are offered to those individuals who would benefit from medication to address a psychiatric condition. Typical

psychiatric services include psychiatric evaluation and medication review, to monitor dosages for efficacy and any side effects.

Health Services are typically provided by a registered nurse and include an initial review of a person's health-related needs and coordination with the individual's primary care physician.

Enhanced Health Services address health conditions related to the person's mental health or intellectual disability and include applied behavioral services, psychological testing, physical therapy, occupational therapy, speech therapy, nursing services and nutritional services.

Case Management is one of the core programs available to help an individual to achieve recovery goals. A person-centered process is used to identify the services and supports that would best help. There are five core components to case management:

1. Planning and/or facilitating planning using person-centered planning principles
2. Developing an individual plan of service using the person-centered planning process
3. Linking to and coordinating with other services
4. Assistance with access to entitlements and/or legal representation
5. Coordination with health care and other services

Assertive Community Treatment (ACT) is an evidenced based therapeutic set of intensive clinical, medical, and psychosocial services for serious mental illness. The service is provided by a mobile multi-disciplinary treatment team that includes case/care management, psychiatric services, counseling and psychotherapy, housing support, treatment for substance use disorders, employment and rehabilitative services provided in the home or community.

Self Determination/ Fiscal Management Services develop an authorized plan of service budget for individual consumers and engages an employer of record or fiscal manager, to pay bills, taxes and benefits for consumer selected direct support



professional employees. Consumers may also obtain support staffing from contracted providers of Community Living Supports based on approved individual budgets.

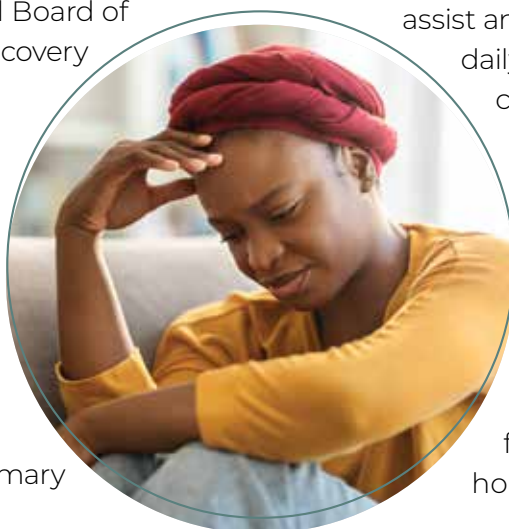
Psychosocial Rehabilitation Services

Bayside Lodge Clubhouse is an accredited provider of the nationally recognized evidenced based practice of psychosocial rehabilitation. The program offers opportunities for adults with mental illness to create an ongoing support network between staff, consumer members and the greater Saginaw community. This program includes a work ordered day, pre-vocational training, temporary supported employment and education, advocacy, peer support and community involvement. Participants as “members” are involved in the day-to-day decision making and governance of the program.

Drop-In Services at Friends for Recovery

Friends for Recovery is a not-for-profit, peer-run drop-in center in Saginaw. This program provides an informal, supportive environment to assist adults with mental illness in the recovery process. Friends for Recovery provides opportunities to learn and share coping skills and strategies, to move to more active self-care and away from passive roles and identities and to build self-esteem and confidence. The staff and Board of Directors of Friends for Recovery are all persons with lived experience with mental illness and in recovery.

Med Drop™ Genoa Healthcare® Pharmacy’s program works to ensure the medication plan prescribed by the individual’s health care provider (psychiatry or primary



care) is followed. Professional staff delivers medication to the home and works together with individuals or their families until they are confident and can take the medications on their own. Talk to your case manager, supports coordinator or therapist about this program.

Peer Support Services are available from certified peer support specialists who use their training and lived experience to support others to achieve their personal goals of community membership, independence and productivity.

Community Living Supports are intended to facilitate an individual’s independence, productivity and promote community inclusion and participation. Services are provided through Direct Support Professionals in a consumer’s home or in the community.

Supported Employment Services utilizing an evidenced based model, this program provides support to individuals to secure and maintain employment in the community. Services include but are not limited to job development, job coaching, follow-along support, job carving, and equipment purchase that would enable the participant to perform a particular job.

Specialized Group Home Services are adult foster care licensed residential placements staffed 24 hours a day with trained direct support professionals that provide supervision, assist and coach residents with activities of daily living including; self-care, meals, community integration activities, medical appointments and medication administration.

Supported Living is a service that provides Community Living Supports through direct support professionals, to support semi-independent living for adult consumers in their own homes or apartments.

CHILDREN WITH EMOTIONAL DISORDERS

Professionals will work with you to decide which services and providers are most appropriate for your needs. This includes determining your eligibility, since many programs have their own clinical eligibility criteria. Service decisions are made through a Family Centered Planning Process.

Home Based Services provide intensive services to children and their families with multiple service needs who require access to an array of mental health services. The program's goal is to support families in meeting their child's developmental needs to support and preserve families, to reunite families who have been separated and to provide effective treatment and community supports to address risks that may increase the likelihood of a child being placed outside the home. Treatment is based upon the child's needs, with a focus on the family unit in a family-driven and youth guided approach, emphasizing strength-based culturally relevant interventions, parent/youth and professional teamwork and connection with community resources and supports.



Infant and Early Childhood Mental Health Services provide psychotherapeutic intervention to pregnant women and families with infants and young children (focus on ages 0-6 years) who are experiencing significant stress and worry in their lives. The emphasis of treatment is on the attachment relationship between the child and care giver to support emerging developmental milestones. Interventions are designed to strengthen skills of both the parent and young child in order to develop strong and secure emotional bond and attachment.

Wraparound A service for children and adolescents and their families that uses a highly individualized evidence-based planning process facilitated by trained Wraparound facilitators. The intervention utilizes a Child and Family Team with members determined by the family often representing multiple service agencies and informal supports. The team creates a highly individualized Wraparound Plan using a strengths-based approach that is family-driven and youth-guided and consists of mental health specialty treatment, other SCCMHA services and supports and still other non-mental health community services and supports.

Case Management A service that assists families and youth using a Family-driven/ Youth-guided approach to design and implement strategies for obtaining services and supports that are goal-oriented, individualized and outcome focused. Services include assessment, planning, linkage, advocacy, coordination and monitoring to assist families and youth gain access to needed health and dental service, financial assistance, housing, employment, education and social services and natural supports.

Child/Youth & Family Psychotherapy Treatments are designed to prevent deterioration, reduce maladaptive behaviors, maximize skills in behavioral self-control or



restore or maintain normalized psychological functioning, reality orientation and emotional adjustment. The goal of treatment is to enable

the child to function more appropriately in interpersonal and social relationships. Evidence based practices available include Trauma Focused Cognitive Behavioral Therapy (TFCBT), Dialectical Behavioral Therapy – Adolescent (DBT-A), Parent Management Training-Oregon (PMTO), Parenting Through Change (PMTO Group for families) and Child Parent Psychotherapy (TFCBT for very young children).

Youth and Parent Education Groups

include Parent Management Training-Oregon and Dialectical Behavior Therapy.

Family Therapy looks beyond the child and helps reduce behavioral issues, build communication and strengthen healthy relationships within the family. The therapy works with multiple family members in the same session. The focus is on the family system and interactions between members. The goal of family therapy is to improve relationships and functioning with the family by helping each member understand their role in the dynamics of the family.

Psychiatric Services are frequently used when a child might benefit from psychiatric medications, and include a psychiatric evaluation and ongoing medication reviews to monitor the medication and dosage for efficacy and any side effects.

Transition Age Youth Services treatment and support for youth 14-21 years of age, transitioning from children's services to adult services, including from foster care to independence. Service focus emphasizes independent living skill development and utilization of community resources.

The service utilizes case managers and therapists to assist youth in reaching their goals of independence, as well as offer group opportunities that support personal growth.

Family Support Partners are services designed to help families of children with severe emotional disorders. Trained Parent Support Partners with lived experience, work with parents and care givers to identify coping strategies and be better prepared to assist in your child's care.

Respite Services temporarily relieve a parent or unpaid primary caregiver of providing personal care and supervision at their family home, in the community, at after school locations and camp settings.

Community Living Supports are designed to help your child become more independent and productive through service from Direct Support Professionals at your home or with your child in the community.

Med Drop™ Genoa Healthcare® Pharmacy's program works to ensure the medication plan prescribed by the individual's health care provider (psychiatry or primary care) is followed. Professional staff delivers medication to the home and works together with individuals or their families until they are confident and can take the medications on their own. Talk to your case manager, supports coordinator or therapist about this program.

Autism Spectrum Disorder (ASD) Services

Behavioral Health Treatment including Applied Behavioral Analysis (ABA) services are available for children and young adults up to age 21 years of age. Service considerations begin with the assignment of a case holder usually a Supports Coordinator that will screen for ASD symptoms and presentation and then refer for formal comprehensive diagnostic evaluation for eligibility for specialized Applied Behavioral Analysis and other therapies.

CHILDREN AND ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

A variety of supports and services are available, with a focus on promoting individual choice, community inclusion opportunities, with innovation, effectiveness and efficiency in all practice. Treatment Planning is done through a Person Centered / Family Centered Process.

Supports Coordination / Case Management assists consumers design and implement strategies for obtaining services and supports that are goal-oriented and individualized.

Psychiatric Services are offered to those who would benefit from medication to address a secondary psychiatric condition.

A comprehensive Psychiatric Evaluation is performed by a psychiatrist. This examination concludes with a written summary and determination of the need for medication.

If medication is needed and prescribed, Medication Reviews will be used for evaluating and monitoring medications, for best dosages and efficacy or any side effects.

Health Services are typically provided by a registered nurse and include an initial review of a person's health-related needs and coordination with the individual's primary care physician.

Enhanced Health Services address health conditions related to the person's mental health or intellectual disability and include applied behavioral services, psychological testing, physical therapy, occupational therapy, speech therapy, nursing services and nutritional services.

Med Drop™ Genoa Healthcare® Pharmacy's program works to ensure the medication plan prescribed by the individual's health care provider (psychiatry or primary care) is followed. Professional staff delivers medication to the home and works together with individuals or their families until they are confident and can take the medications on their own. Talk to your case manager, supports coordinator or therapist about this program..

Individual/Group Therapy helps improve functioning and develop more appropriate interpersonal and social relationships.





activities, exercising choice, building relationships and community partnerships.

Supported Employment Services

utilizing an evidenced based model, provides support to individuals to secure and maintain employment in the community. Services include but are not limited to job development, job coaching, follow-along support, job carving, and equipment purchase that would enable the participant to perform a particular job.

Specialized Group Home Services are adult foster care licensed residential placements staffed 24 hours a day with trained direct support professionals that provide supervision, assist and coach residents with activities of daily living including; self-care, meals, community integration activities, medical appointments and medication administration.

Supported Living is a service that provides housing and Community Living Supports through direct support professionals, to support semi-independent living for adult consumers in their own homes or apartments.

Self Determination / Fiscal Management Services develop an authorized plan of service budget for individual consumers and engages an employer of record or fiscal manager, to pay bills, taxes and benefits for consumer selected as direct support professional employees. Consumers may also obtain support staffing from contracted providers of Community Living Supports.

Respite Services

temporarily relieve a parent or unpaid primary caregiver of providing personal care and supervision to a disabled family member at the family's home, in the community, and camp settings.

Community Living Supports from Direct Support Professionals are intended to help with an individual's independence and productivity, promote community inclusion and participation.

Community Ties Programs support adult consumers as they fully experience life in the community by providing daytime opportunities for meaningful



**PERSONS WITH A
PRIMARY SUBSTANCE
USE DISORDER**

Central Access and Intake **989.797.3559**



Persons seeking services for a substance use disorder should contact SCCMHA Central Access and Intake staff at 989.797.3559. Individuals will receive assistance and support in navigating these services and selecting a provider.

Access, Assessment and Referral are used to determine the need for substance use disorder services and assistance in getting to the right services and providers.

Outpatient Treatment includes support and care in a non-residential setting, typically through individual and/or group therapy sessions with the goal of helping individuals overcome their addiction and improve their overall quality of life. Counseling for individuals and families as well as group therapy in an office setting.

Intensive Outpatient is a more intensive version of outpatient treatment, typically involving multiple therapy sessions per week. It provides a high level of support and structure to individuals early in recovery, helping them address their addiction and improve their chances of sustained recovery.

Medication for Addiction Treatment (MAT)

is a form of addiction treatment that uses FDA-approved medication to treat addictions. The goal of MAT is to reduce cravings and withdrawal symptoms, allowing individuals to focus on their recovery.



Sub-Acute Detoxification is a type of detoxification process that aims to gradually withdraw an individual from substance use in a medically monitored, less intense setting compared to inpatient detoxification. Consists of medically supervised care in a residential setting for people who are withdrawing from alcohol or other drugs. The goal is to ensure the individual's safety and comfort while managing withdrawal symptoms and facilitate a smooth transition to further addiction treatment.

Residential Treatment is a type of treatment where individuals receive 24-hour support and care in a live-in facility while they work to overcome their addiction. The goal is to provide a safe and supportive environment for individuals to focus solely on their recovery, address underlying issues, and develop the tools and skills needed to sustain recovery.

Recovery Supports are interventions aimed at helping individuals overcome their addiction and maintain recovery by addressing the underlying psychological, social, and physiological factors contributing to their substance use.

CUSTOMER SERVICE

Customer Service staff handle customer concerns and questions in an effective, efficient and timely manner in an effort to produce customer satisfaction.

Customer Service hours are Monday thru Friday, 8 a.m. – 5 p.m.

Call: 989.797.3452, Toll-Free: 800.258.8678, Michigan Relay 711.

☎ After regular business hours, call the Customer Service number at 989.797.3452 and leave a message. After-hours appointments are available upon request.



RECIPIENT RIGHTS

When you receive mental health services, Michigan's Mental Health Code, as well as other laws, safeguard your rights. Staff members are responsible to protect your rights when they provide services to you. You are encouraged to ask questions about your treatment and your rights and to make suggestions that you feel are in your best interest. It's your right to be treated with dignity, respect and confidentiality, to not be neglected or abused, to be fully informed

about your treatment and participate in its planning, and to have your complaints heard. If you believe your rights have been violated, you should inform the Recipient Rights Advisor.



The Office of Recipient Rights hours are Monday thru Friday, 8 a.m. – 5 p.m.

Call: 989.797.3583 or 989.797.3462, Toll-Free: 800.258.8678, Michigan Relay 711 or 800.649.3777.

HEALTH HOME AND WELLNESS CENTER



The SCCMHA Health Home and Wellness Center at 500 Hancock provide many services supporting a person's health and

well-being. Our staff work together with other primary care and specialty care providers to coordinate whole person care.

Genoa Healthcare[®] Pharmacy

We all know that sometimes medications may be prescribed to help us get well and stay well. Pharmacy services provided by Genoa Healthcare are conveniently located at 500 Hancock location. Medication can be picked up at our site. Genoa Healthcare also can provide specialty packaging for medication to ease administration and provides a service called "Med Drop™" for adults and youth who reside in Saginaw County and receive services from an SCCMHA psychiatric provider.



For more information, visit www.sccmha.org or call 989.793.3130.

ADDITIONAL SERVICES, SUPPORTS AND TRAINING

Crisis Connect to Law Enforcement

A project in partnership with local law enforcement to bring mental health consultation to police when they encounter persons in the community that need intervention. The program provides mobile devices loaded with a telehealth platform to law enforcement offices in Saginaw County. When a patrol officer responds to a call that may involve a person with mental health need, officers are able to receive mental health consultation or to offer the individual at the scene the opportunity to speak with a SCCMHA clinician themselves using the telehealth device and platform. Services with Saginaw City Police launched in March of 2023 in a pilot phase and the intention is to then expand to other law enforcement agencies in Saginaw County.

Family Support Subsidy

The Family Support Subsidy program provides financial assistance for families who care for their children with special needs so that the child may remain with and/or return to their birth or adoptive families. The Family Support Subsidy Program can help pay for special expenses that a family has when caring for children with special needs. Families may qualify for this subsidy if they have a child under the age of 18 who has been identified by a Michigan Public School system as having a special education



eligibility of: Severe Cognitive Impairment, Severe Multiple Impairment or Autism Spectrum Disorder (ASD). Children with ASD eligibility must be receiving special education services in a program designed for students with Autism. A family must also have a taxable income of less than \$60,000 per year. Monthly payments are just over \$200 per month.

If you have questions about this program, eligibility requirements or are interested in applying, please contact the Family Support Subsidy Coordinator for Saginaw County at **989.498.2277**.

Youth Case Manager/ Juvenile Court Liaison

The Juvenile Justice Case Manager provides services to youth with an emotional disorder and/or a developmental disability that have court involvement. The Juvenile Justice Specialist is available for mental health and risk assessment screenings, consultation, and meeting with individuals involved with the court system as needed or when requested. The Juvenile Justice Case Manager provides technical assistance, consultation and training related to mental health issues to juvenile detention employees, juvenile court staff and others.

Hispanic Behavioral Health Services

SCCMHA provides mental health outreach services to the Hispanic/Latinx community in Saginaw County. Our bi-lingual therapist can help with culturally sensitive connections to treatment and provision of service to persons preferring to communicate in Spanish and/or



when English is their secondary language. The Bilingual Therapy Program offers services for a variety of mental health conditions including: anxiety, depression, grief and loss,

anger management, post-traumatic stress disorder and other concerns. Therapies include: Solution-Focused Therapy, Cognitive Behavioral Therapy and Motivational Interviewing. These services can be provided in both English or Spanish. For more information call **989.272.0232**.

Housing Resources Center

Provides rental assistance and housing support to adults through the HUD Shelter Plus Care Program. This program provides rental subsidies leveraged with treatment and support services to the tenant. The program is intended to prevent homelessness for persons with disabilities or families with a disabled family member, promoting housing stability in safe, decent, and sanitary conditions. Eligibility is based upon household income. For more information call **989.498.2263**.

Mental Health Consultation to Child Care Agencies and Providers of Maternal and Early Childhood Home Visiting Services

• **Infant and Early Childhood Mental Health Consultation (IECMHC)** is a prevention based, indirect intervention

teaming mental health professional with early care and education providers and families to improve the care-giving adults ability to positively develop children’s social, emotional, and behavioral health from birth through age five. Children’s well-being is improved, and mental health problems are prevented as a result of the consultant’s work with the childcare providers, directors, staff and families through skilled observations, group and individualized strategies, integration of reflective practice, and early identification of children with challenging behavior which places them at risk for expulsion. For more information call **989.797.3479**.

• **Infant and Early Childhood Mental Health Consultation Home Visiting (IECMHC-HV)**

is a prevention-based, indirect intervention that pairs a mental health professional



with home visiting programs to ensure home visitors have the knowledge and skills to succeed in working with families at-risk for or experiencing mental health challenges. IECMHC-HV helps home visitors understand the social and emotional development of children; identifying and addressing the mental health

needs of young children and their parents; enhancing strategies with specific issues or cases; identifying appropriate referral resources; and increasing the capacity to link families to needed mental health services. For more information call **989.797.3434**.

ADDITIONAL SERVICES, SUPPORTS AND TRAINING

Mental Health Court Program at Saginaw 10th Circuit and 70th District Court

Saginaw County Community Mental Health Authority works with the specialty Mental Health Court providing the mental health treatment component. The specialty court dockets represent a collaboration of the involved judges, county deputy prosecutors, and the sheriff's department in a collaborative effort to form Saginaw County Mental Health Court (SCMHC). The mission of the SCMHC is to strive to reduce recidivism of persons diagnosed with mental illness involved with the criminal justice system.

Potential participants, who have been criminally charged, may be referred for admission to SCMHC by a criminal court, the probation officer, defense counsel, prosecutor's office, or SCCMHA jail diversion specialist. Participation in the program is voluntary and all participants are evaluated and screened.

Program length ranges from a minimum of twelve (12) months to a maximum of eighteen (18) months. Successful completion of the program occurs when an individual has served a minimum of 12 months in the program.

For participants who are doing well with their treatment, the Court may offer incentives, which may include, judicial recognition,

reduced reporting, check-in only on court days and early release from program. Graduation follows successful completion of the treatment plan and meeting all program benchmarks. If you are interested in Saginaw County Mental Health Court, please contact: **989.797.3578**.

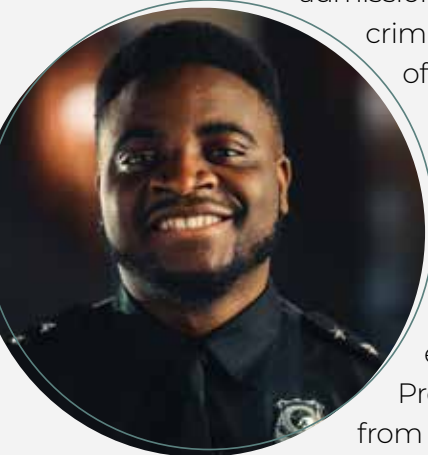
Mental Health First Aid Training

SCCMHA offers Mental Health First Aid (MHFA) training to teach members of the community how to identify, understand, and respond to signs of mental health and substance use challenges. During the training, participants will gain skills to provide initial support to someone who may be contemplating suicide or developing a mental health or substance use problem and help them connect to the appropriate care.

To prevent suicide and promote community members recognition of mental health and substance use concerns please go to www.sccmha.org for training opportunities or call **989.797.3451** for more details.

Services to Patients in Nursing Home Facilities in Saginaw County OBRA/PASARR

Under the responsibilities of the Omnibus Budget Reconciliation Act of 1987 known as OBRA. Since 1990 all states must conduct



Preadmission Screenings and Annual Resident Reviews (PASARR) to determine whether persons with mental illness or intellectual disability/developmental disability (ID/DD) or related conditions are appropriately placed.



SCCMHA provides these evaluation services to 11 short- and long-term nursing care facilities located in Saginaw County. Anyone being admitted to or residing at a nursing home will receive specialized evaluation at several levels to determine appropriateness for placement and at level of care transitions. Additionally mental health services and resident outreach may be provided by SCCMHA that go beyond those normally provided in a nursing facility and address the unique needs related to the individual's serious mental illness, intellectual/developmental disability or related condition. For more information call **989.797.3419** or **989.272.7207**.

Special Education Transition

Saginaw County Community Mental Health Authority offers services to assist students and their families with successfully transitioning from school to community programming. Per the Michigan Mental Health Code, SCCMHA participates in the development of school to community transition services for individuals with mental illness, emotional disorders, or developmental disability. The most common choices for transitional planning are pursuing vocational training or further

academic education, getting a job, and living independently, however all transitional planning is individualized using the Person-Centered Planning model. Transitional planning is completed in conjunction with the individual's local school district or intermediate school district as appropriate and should begin as early as age 14 and no later than age 16 for the students and their families.

SCCMHA can provide information about eligibility requirements, types of services and person-centered planning in the public mental health system to students, families, caregivers, and school systems. If you are interested in inviting a community agency representative to your student's IEP meeting, please contact the student's teacher or **989.498.2277**.

Veterans Navigation Services

SCCMHA provides service navigation to Veterans and Military families in the tri-county area (Saginaw, Bay and Midland Counties). The program serves those who served in the military regardless of their discharge status, family members of veterans, surviving spouse

or children, active-duty service members, members of the Reserve and National Guard and caregivers of veterans. The mission of Navigation Services is to identify, engage and connect veterans and military families to mental health, substance

use and other community resources. For more information call **989.272.7375**.





**Saginaw County
Community Mental
Health Authority**

500 Hancock Street
Saginaw, MI 48602

General Information:

989.797.3400 or
800.258.8678

**24-Hour Crisis
Intervention Services:**

989.792.9732 or
800.233.0022

**Access and
Intake Services:**

989.797.3559 or
800.233.0022

**Customer Service/
Recipient Rights:**

989.797.3452 or
800.258.8678

See www.sccmha.org
for other SCCMHA
locations.



**SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY**

Mission Statement

As the public manager of supports and services for citizens with mental illness, developmental disabilities and chemical dependency and their families, SCCMHA actively strives to develop a system of care and a community that values and embraces the potential and contributions of all individuals with disabilities.

Our Vision

A belief in potential
A right to dream
An opportunity to achieve

