## Alexandree Saginaw County Community Mental Toggether Better

LEADERSHIP MESSAGE

# Thank You For All You Do

Dear Staff and Community Members,

We are happy to share our 2022/23 Annual Report with you.

The Saginaw County Community Mental Health Authority (SCCMHA) has delivered on our mission of serving as the public manager of behavioral health and disability supports and services

for individuals – youth, adults and their families – with emotional disorders, mental illness, intellectual/ developmental disabilities and substance use disorders. On behalf of the SCCMHA Board of Directors, I want to sincerely thank our staff and everyone working within the SCCMHA network for the important work they do for the consumers and the families we serve. I truly appreciate the remarkable service they provide.

We continue to face workforce shortages, especially in clinical areas of our system. This means that caseloads have been high, and we are keenly aware of the strain this has placed on our clinical teams and service delivery system overall. We have seen some marked improvements in qualified applicants for new and vacant positions across the network which supports our hope that workforce shortages are improving, just not at the pace we would like to see. We continue to staff up to handle the unmet need for services in the Saginaw community, based upon the 100 to 150 new people each month presenting for service.

Summary <u>Annual Re</u>port

If you are a new staff member with SCCMHA, or at one of over 100 provider agencies within our service network, welcome! We are pleased that you have joined our collective workforce of just under 1,900 people who are committed to our vision and mission. If you are a staff member who has tenure in the network, thank you, for all that you do to continue delivering exemplary service. Our thanks as well to the administrative and many other staff members behind the scenes, who provide necessary functions supporting clinical and program staff.

We continue to make improvements and build service infrastructure and are looking forward to a bright future. It is through our internal and external teams' commitment, talent and enthusiasm that we are providing a safety net with a full array of services that so many vulnerable people in our community need. We truly are all together better for it.

**Sandra M. Lindsey** *Chief Executive Officer* 

## **Behavioral Health Home Services Launch**

CCMHA became one of several new implementation sites for the MSHN Regional Expansion of Behavioral Health Home (BHH). BHH is a service which specifically targets Medicaid-eligible enrollment for adults

with mental illness and children with emotional disorders and accompanying co-morbid chronic health conditions. SCCMHA enrolled 84 consumers into the program in May with a target of 475 enrollees for this fiscal year. The focus of the BHH is on care coordination and integration of primary care with behavioral health care services.





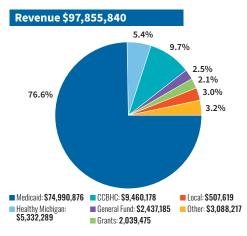
### Senator Stabenow Visits SCCMHA

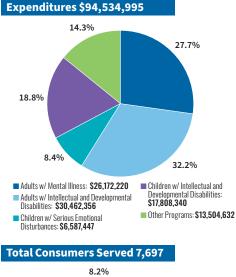
ichigan U.S. Senator Debbie Stabenow visited Saginaw County Community Mental Health Authority (SCCMHA) in August of 2022 to learn more about our experiences, accomplishments, and challenges with Certified Community Behavior Health Clinics (CCBHC). SCCMHA is one of 13 sites in the Michigan Department of Health and Human Services' CCBHC Demonstration. The CCBHC model is designed to ensure access to coordinated comprehensive behavioral health care, and CCBHCs are required to serve anyone who requests care for mental health or substance use, regardless of their ability to pay, place of residence, or age - including developmentally appropriate care for children and vouth. Senator Stabenow is one of the architects of the Excellence in Mental Health and Addiction Treatment Act, federal legislation from 2014 that funds CCBHCs across the country. "I had a wonderful visit to SCCHMA. They have a great team and a top-notch facility. When we talk about comprehensive mental health and addiction services, this is what it's all about!" said U.S. Senator Debbie Stabenow.

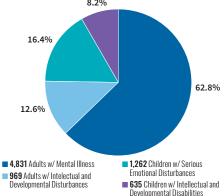
### MDHHS Certified Community Behavioral Health Clinic (CCBHC)

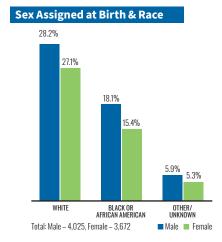
CCMHA continues to enroll consumers in our Certified Community Behavioral Health Clinic (CCBHC) Demonstration under the Michigan Department of Health and Human Services (MDHHS) expansion

## **Financial & Service Information**

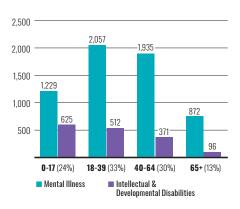


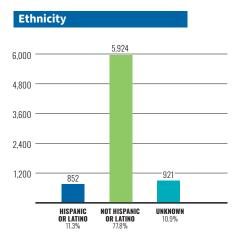






#### Age Range & Primary Disability





pilot, which will run through 2027. Enrollment into CCBHC at the end of May totaled 3,491 consumers. CCBHCs in Michigan and across the country are meeting a rigorous set of federal behavioral health service and quality standards. SCCMHA continues to build operationally to expand services most recently to persons with mild/moderate conditions, addressing the access needs for persons that would not have been previously clinically eligible for our specialty service benefit. We continue to anticipate additional enrollment as we build electronic infrastructure, expanded credentialing and insurance billing and clinical staffing capacity, enabling us to serve more people with mild/moderate mental health conditions, primary substance use disorders and those who are uninsured or underinsured.

## Veteran and Military Family Navigator Program

2016, the State of Michigan created the Veteran and Military Family Navigator Program to assist the more than 634,000 veterans living in the state and their family



members. The first service of this type in the nation, the program works to identify, connect and engage individuals

through mental health, substance use and other community resources challenges. More than 24,000 veterans live in Bay, Midland and Saginaw counties, and the Navigator Program office covering this area is located at the main building of Saginaw County Community Mental Health Authority. The program has been directed since 2021 by Matthew Clark, a five-year veteran of the Michigan Army National Guard.

Clark explains the program "finds those individuals and their family

members who are falling between the cracks of the U.S. Department of Veterans Affairs (VA) and community mental health agencies, and we help them find the resources they need to reinforce healthier lifestyles." Services and support provided include mental health care, substance use disorder treatment, peer support, healthcare, housing, VA benefits, education assistance, family and caregiver support, employment, transportation, transitioning back home and state assistance programs.



(L-R) Ezekiel White and Veteran Navigator Matthew Clark

## Staying Connected With New Website and Our Services Brochure

SCCMHA's website is in the process of being updated and refreshed to reflect our current service offerings and organizational information. It can be viewed at www.sccmha.org. This



important work was led by the combined forces of our IT and Quality Departments to improve both the sites' content and functionality. As a companion to

our updated website, we developed a new "Our Services" publication which is a comprehensive booklet outlining all services provided by the SCCMHA network. The publication is organized by specific services to priority population groups, helping readers find information related to their specific needs. It also includes all the services we offer to address Behavioral Health Crisis Response, Health Care Coordination, Specialty Pharmacy Services, Customer Service and Office of Recipient Rights Protections.

**BOARD OF DIRECTORS (Fiscal Year 2022)** 



Tracey Raquepaw Chairperson



John Pugh



Jill Armentrout



Andrea Schrems



Mike Cierzniewski



Jane Sills



Lisa Coney



Joan Williams



Steve Fresorger



Cynthia Winiecke



Deb Nagel



**Robert Woods** 



### **Mental Health First Aid Training Available**

CCMHA provides Mental Health First Aid (MHFA) training to individual members of the Saginaw regions general public and community groups including adults, youth, law enforcement, veteran and military family groups. MHFA training teaches skills that allow participants to provide initial support to someone who may be contemplating

suicide or developing a mental health or substance use problem and helps connect them to the appropriate care. This training normally costs \$170.00, but is available for FREE for anyone living or working in Saginaw County. Our 9 certified instructors have trained 2,073 people. Please visit sccmha.org or call 989.797.3451 to learn more and sign up.

# Network Service & Support Providers Fiscal Year 2022

**Specialized Residential** Services Providers Able Light, Inc. Alternative Community Living, Inc. d/b/a Hope Network New Passages Angel's Place Corporation Bay Human Services, Inc. Beacon Harbor Homes, Inc. Beacon Specialized Living Services. Inc. Central State Community Services Inc. Flatrock Manor, Inc. Hope Network Behavioral Health Services Hope Network Southeast Hope Network West Michigan Independent Living Solutions, LLC Kneaded Angels, Inc. Krasinski AFC LoveJoy Community Services Pal's Place, LLC Pine Rest Christian Mental Health Service **Regency Assisted Living, LLC ResCare Premier** Resident Advancement Inc. **Select Residential Solutions** St. Louis Center Sunnvside Home The Prosperity House AFC Valley Residential Services, Inc. Whispering Pines **Community Living Support Per Diem Providers** AbleLight, Inc. Flatrock Manor, Inc.

**Community Living** Support (CLS) Providers Ahlel ight, Inc. **APS Employment Services** Ascension St. Mary's Guardian Angel Respite & Adult Day Services **Christian Home Services** Faith & Family Home Help Family Care of America Matthew Miller Samaritas dba Lutheran Social Services of Michigan

**Respite Services APS Employment Services** Ascension St. Mary's Guardian Angel Respite & Adult Day Services Samaritas dba Lutheran Social Services of Michigan

**Health Services Providers** Ascension St. Mary's Guardian Angel Respite & Adult Day Services Game Changer Pediatric Services, LLC Mercy Plus Healthcare Services Paramount Rehabilitation Services **SCCMHA Enhanced Health Services** SCCMHA Family Support Subsidy

**Autism Service Providers ABA Pathways** Acorn Health, LLC dba Autism Centers

of Michigan Autism of America, LLC Autism Systems, LLC Bay Human Services, Inc. **BF** Autism Center Centria Healthcare Children's Therapy Corner Game Changer Pediatric Services, LLC Heather Beson

Mercy Plus Healthcare Services Paramount Children's Therapy Services SCCMHA Autism Program Spectrum Autism Center Therapy Research Autism Westend Guidance Clinic

**Inpatient Providers Beaumont Behavioral Hospital** Cedar Creek Hospital Forest View Hospital Harbor Oaks Hospital Havenwyck Hospital HealthSource Saginaw McLaren Bay Regional Memorial Healthcare Hospital My Michigan Health Neuropsychiatric Hospitals, LLC Pine Rest Christian Mental Health Services Samaritan Behavioral Center StoneCrest Center The Behavioral Center IMD Trinity Health-Michigan dba St. Mary's Health Care

**Children's Outpatient Clinic** Service Providers/Children's **Case Management** Saginaw Psychological Services, Inc. **SCCMHA Family Services Unit** SCCMHA Transitional Aged Youth SCCMHA Wraparound Units Westlund Guidance Clinic

**Crisis Service Providers** Alternative Community Living, Inc. d/b/a Hope Network New Passages **APS Employment Services** Beacon Specialized Living Services, Inc. North Shores CRU SCCMHA Centralized Access Intake SCCMHA Crisis Intervention Services SCCMHA Mobile Response & **Stabilization Services** 

Adult Outpatient Clinic (OPC)/ Case Management (CSM)/Assertive Community Treatment (ACT)/ Support Coordination Services (SCS)/Independent Facilitation (IF) Service Providers Case Management of Michigan **Disability Network** Hope Network New Passages Saginaw Psychological Services, Inc. SCCMHA Community Supports Services SCCMHA Health Home SCCMHA OBRA/ PASARR Unit SCCMHA Self Determination SCCMHA CSM-I/DD Services Training & Treatment Innovations Westlund Guidance Clinic

**Fiscal Intermediaries GT** Independence Stuart Wilson CPA, P.C.

**Clubhouse/Employment/ Skill Building Services/ Drop-In Center** SCCMHA Community Ties North SCCMHA Community Ties South **SCCMHA Housing Resource Center** SCCMHA Supported Employment SVRC Industries, Inc. TTI Bayside Clubhouse **TTI Friends for Recovery Center** 

Pharmacy

Genoa Healthcare, L.L.C. **Limited English Proficiency** Communications Access Center for the Deaf and Hard of Hearing Interpretalk V.O.I.C.E. – Voice for the Hearing Impaired Voices for Health



JubeJu Co., Inc.





FOR SUICIDE PREVENTION



NACBHDD National Association of County Behavioral Health & Developmenta Disability Directors





COMMUNITY MENTAL HEALTH AUTHORITY 500 Hancock Street

Saginaw, MI 48602 ph: 800.258.8678 or 989.797.3400 sccmha.org

SAGINAW COUNTY