



ADHD SUPPORT GROUP FOR PARENTS

This group is for PARENTS of young children, teens or adult children with ADHD.

NO JUDGMENT, NO GUILT - Just support and understanding.

As the parent of a child with ADHD, you may feel alone, frustrated, and misunderstood by “ordinary” parents. That’s why parent support groups and networking are important for us. They can help us to see the light at the end of the tunnel, and find support along the way. No matter how much or how little time you have, you don’t have to go it alone.

Meeting and talking with other parents of older attention deficit children — those who have solved the problems you’re facing this moment — gives you hope.

Join us for discussion, resource-sharing and peer support!

THIS MEETING IS FREE OF CHARGE.

WHERE: Saginaw Valley Church of the Nazarene 1815 Tittabawassee, Saginaw

WHEN: Second Monday of the month at 6:30 PM

QUESTIONS? Call 989-395-5966.