



Self Determination Delivered

July - September 2024



Live Music

Party on McCarty - At the Saginaw Township Soccer Association, 3575 McCarty Rd, Saginaw, 5:30 PM to 10 PM - Entrance fee of \$2 for attendees age 13 and above, \$5 for parking.



July 11 - Beatles Tribute
July 25 - Chicago Tribute
August 1 - Shiatown
August 15 - The Rock Show

Thomas Township - Picnic in the Park Concerts - Roethke Park, 400 Leddy Road - Free - Tuesdays 6:30 PM to 8:30 PM



July 9 - The Letter
July 16 - Voortex Jazz & Blues
July 23 - Bob Marshall Band
July 30 - Laurie & The Lefties
August 6 - The Rock Show
August 13 - Jam (Jesus and Music)

Friday Night Live - Morley Plaza Downtown Saginaw. Every Friday Night 5:30 PM to 9 PM - Free

July 12 - Rockin' on the Riverfront
July 19 - Downtown Hoedown
July 26 - Latin Fiesta
August 2 - Night In Margaritaville
August 9 - Riverfront Blues Fest
August 16 - Motown Music Fest



Taco Pizza

Prep Time: 20 minutes
Cook Time: 10 minutes
Serves: 6-8



Ingredients:

2 tubes (8 oz each) refrigerated crescent rolls
1 Package (8 oz) cream cheese, softened
1 Cup (8 oz) sour cream
1 Pound ground beef or turkey
1 Envelope Taco Seasoning mix
1 medium onion chopped
2 cups shredded Mexican cheese
1 cup shredded lettuce
Optional toppings: avocado, taco sauce, hot sauce, black beans, black olives, etc.

Instructions:

Preheat oven to 375 degrees.

Unroll crescent roll dough and layout on large ungreased cookie sheet. Pinch the perforations together to seal. Bake at 375 degrees for 8 to 10 minutes or until light golden brown.

While the crescent rolls are baking, mix the softened cream cheese and sour cream together. Remove any lumps with a whisk. Set aside.

Brown the ground beef and drain. Add the taco seasoning and 1/4 cup water. Simmer for 3 to 5 minutes. When the crescent roll pizza crust is finished baking remove from oven and let cool for 3 to 5 minutes. Spread the cream cheese mixture over the crust followed by lettuce, tomatoes, cheese. Cut into serving size pieces and serve immediately or store in refrigerator for cold taco pizza later.



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY



24-HOUR CRISIS HOTLINE

(989) 792-9732 or (800) 233-0022

Fireworks

Saginaw - July 4 (at dusk) Ojibway Island, 121 Ezra Rust Dr, Saginaw

Bay City - July 4, 5, & July 6 (at 10:12 PM), Wenona Park (east side), 111 Center Ave, Bay City

Chesaning - June 27 (at dusk) Showboat Park, gates open at 4 PM, \$5 per vehicle to enter park

Progress Note and Time Sheet Update

Beginning **September 3, 2024** all times sheets and progress notes will be done electronically.

The state is in the process of implementing HHAeXchange, the state recommended EVV system. Staff will be able to clock in via a mobile app, landline telephone, or a fob device which can be sent to the consumer's home if needed. Staff will also enter progress notes electronically.

The Self Determination Department will keep you informed as more information becomes available.



SUN SAFETY

SUMMER SKIN PROTECTION



WEAR BROAD HAT



USE SUNGLASSES



WEAR PROTECTIVE CLOTHING



AVOID SUN BETWEEN 11 AM AND 3 PM



USE SUNSCREEN



DRINK MORE WATER



REFLECTION CAUTION



SEEK SHADE



AVOID DIRECT SUNLIGHT

Contact Us

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SCCMHA Learning Links



Learning Links is a **FREE** training session for individuals served by SCCMHA. Learning Links sessions start at **10 AM** and are held at **The Andersen Enrichment Center**, 120 Ezra Rust Dr., Saginaw. Please contact Tammy Johnson at (989) 797-3436 with any questions or to be added to the mailing list. The current Learning Link sessions can be viewed on the SCCMHA website. www.sccmha.org > Resources > Learning Links > (again) > then click "here"

Dates:

July 23 - Self Defense

September 24 - Suicide Prevention

November 26 - Hygiene

August 27 - Weatherization

October 22 - Holiday Cards

December 10 - Holiday Cards



More Summer FUN



Frankenmuth Memorial Park

Free Concert Series

Palmer Schau Platz - 7 PM

- July 7 - Toby Keith Tribute
- July 14 - Journey Tribute
- July 21 - Rod Stewart Tribute
- July 28 - Bee Gees Now
- August 4 - Epic Eagles
- August 11 - Your Generation



Tittabawassee Township

Free Summer Concerts

Hayes Park , 9200 Midland Rd., Freeland

6:30 PM - 9 PM

- ◆ July 10 - Variety
- ◆ July 17 - Acoustic Variety
- ◆ July 24 - 70's Hits
- ◆ July 31 - Blues/Rock
- ◆ August 7 - 70's & 80's Hits
- ◆ August 14 - Oldies Rock n' Roll



*Bring your own seating.

Summer Reading Program

Adventure Begins at your Library

Public Libraries of Saginaw

June 3 - August 3, 2024



Stop in to your local Saginaw library and join the summer reading program for a chance to win prizes for reading. Along with the reading program there are many activities for all ages to participate in such as Painting pottery, Animals show, History of Saginaw, Movies, Origami, Making Greeting Cards, Ornament Globe Craft, Tissue Paper Painting, Book Clubs, etc.

*Some activities require preregistration. Go to www.saginawlibrary.org/events for the latest updates.

Summer STEM Staycation

June 11 - August 15

July 10 - Castle Museum from 10 AM to 4 PM, admission is FREE. Stop by the front desk for a fun scavenger hunt to compete for a prize. Mosquito Control will also be there from 11 AM to 2 PM.

July 24, 31, and August 7 - 9 AM to 10:30 AM join Forest Hills Nature Center for Backyard Birding. Includes connecting with birds, demonstrations, bird crafts, and activities. Admission is FREE.

July 6, 13, and 27 - 8 AM to 9 AM join Ornithologist Mike Bishop at Forest Hills Nature Center for a FREE bird watching hike. These hikes are for beginners to advanced and there are binoculars to use.

Forest Hill Nature Center is located at 11297 N. Rich Rd., Alma. Questions call 989-763-5810.

Light Up the City Saginaw

Safe Community Celebration

July 10 from 5:30 PM to 7:30 PM

Ojibway Island



Free event including hot dogs, chips, & Kona Ice for the first 800 people.

Bounce houses, games, music, and touch a truck.

Chippewa Nature Center - Homestead Sundays

Memorial Day - Labor Day, 1 PM to 5 PM, FREE ADMISSION

Be your own guide to visit livestock, explore historic buildings, explore the vegetable gardens, and hands-on activities such as bean sorting, pumping water, dressing scarecrows, etc.

Each Sunday will also have a theme, for more information visit:

www.chippewanaturecenter.org



More Summer FUN



Saginaw Art Fair

August 9 & 10 from 10 AM to 5 PM

Free to attend

50 fine art and craft vendors, family art activities, food trucks, performances, and demonstrations.



Parking will be available on the island during the event hours.

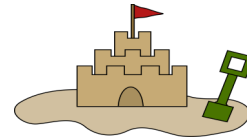
Saginaw Sun and Sand

6235 Gratiot Road, Saginaw

July 12 & 13



Saginaw's only professional sand sculpting competition. Featuring 15 teams to complete and display their SANDtastic creations.



Under the Stars - Saginaw

Free Event - Pre-Party Starts at 7:30 PM and movies begin at dusk

July 12 - Wish

August 2 - Teenage Mutant Ninja Turtles

August 16 - Trolls

Games and activities available for all ages.

Free snacks will be provided.

Bring your own lawn chairs and blankets.

Jolt Credit Union Event Park, 300 Johnson, Saginaw



Old Saginaw City

Lawn Chair Film Festival

July 14 - Somewhere in Time - SBSO Quartet

July 21 - Beetlejuice - Trunk or Treat

July 28 - National Lampoon's Christmas Vacation

August 4 - Clueless - 1990's costume contest

August 11 - Rent - Pit & Balcony



*Located at the corner of Ames and Hamilton Street in Saginaw. Pre-show at dusk; movie to follow. Bring your own seating. Concessions will be available for purchase.

FREE Exercise Classes - Bay City



Location: Saginaw St./Center Avenue

Dates/Times: Saturdays at 9 AM

Sundays at 10 AM

Move It Shake It Class - Saturday July 6, August 10, 17 and 31

HIIT Class - July 9, 20, August 3 and 24

Yoga Class - July 7, 21, 27, 28, August 11 and 25

Brazilian Dance Class - July 14, August 4 and 18



Cass River Colonial Encampment

Frankenmuth River Place Shops

Saturday, July 20 9 AM - 6 PM

Sunday, July 21 9 AM - 4 PM

Free Admission



Visit and tour military camps ranging from the French and Indian War through the Revolutionary War. Experience activities including: flag raising ceremonies, period concerts, battle skirmishes, revolutionary war cannons artillery and weapons demonstrations, ongoing daily camp life and guard duty in the River Place Shops and period encampments.



Saginaw County Residents

Year-Round Program

Book now

AFTER SCHOOL SUPPORT Available

- Respite & Community Living Support (ASD)
- Intensive Homework & Tutoring Services
- Student Success Book Club (Weekly Meet-Ups)
- Special & General Education Services Available
- Social Emotional Learning
- Yoga & Meditation
- Arts & Crafts Classes
- Playdates & Parent Support Groups
- Crisis Prevention Certified & SCMH Approved
- First Aid Trained & Michigan Mandated Reporter
- CASA Advocate

FOR MORE INFORMATION CONTACT:
MS. JACKSON @989-213-9419

AUTISM & SENSORY FRIENDLY

Weekly & Monthly Rates Available | Call to Book a Consultation

