



FOR IMMEDIATE RELEASE

February 22, 2016

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Saginaw County Community Mental Health Authority Expanding Enhanced Outpatient Services for Adult Mental Health

SAGINAW, MI – Saginaw County Community Mental Health Authority (SCCMHA) is pleased to announce the expansion of their specialized mental health services to now include enhanced outpatient services for adults with moderate levels of mental health conditions. Through a public procurement process, Westlund Guidance Clinic, Training and Treatment Innovations (TTI), Hope Network, and Saginaw Psychological Services were selected to contract with SCCMHA to provide consumers with these enhanced outpatient services beginning in the next few months. SCCMHA hopes to serve a minimum of an additional 400 to 600 adults on an annual basis through this expansion.

“Having the resources to finally be able to expand services has been a long time coming as we have been trapped by funding formulas from the State for the past 15 years that gave us cents on the dollar compared to the state average,” explained SCCMHA CEO Sandra Lindsey. “Credit must go to other CMH organizations in our new Mid-State Health Network region, as for Saginaw to get more funding, the 12 partner CMH organizations that created Mid-State region agreed that we would all move to the single Mid-State funding rate over the next few years. I am pleased to finally be able to expand services to Saginaw folks that need the specialty services only our system can provide.”

Under this expansion, enhanced outpatient services will now be provided for adults with moderate mental health conditions and will include brief interventions and support such as needs assessment and goal development, individual and group therapy, case management, and more. These services will be available not only at the physical locations of contracted providers, but at additional integrated sites in the community as well, meeting consumers where they are to address their needs.

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SCCMHA Enhanced Adult Outpatient Services

Current criteria for adult specialty services at SCCMHA generally requires a score of 16 and above on the Level of Care Utilization System (LOCUS) during the intake process. This expansion of services will create an opportunity for SCCMHA to serve adults that historically have not been able to receive services, allowing for a lower LOCUS score range of 10-15 during the intake process. Eligible adults must be Medicaid or Healthy Michigan Plan beneficiaries who reside in Saginaw County with depression, anxiety and similar moderate mental health conditions attributable to a specific, identified diagnosis or diagnoses. Adults with specialized needs, such as individuals who exhibit hoarding behaviors, have a history of military service, trauma, or who are on parole or probation, are also eligible to receive services under this expansion. Individuals interested in being screened for eligibility of these expanded services can contact SCCMHA at (989) 797-3400 for more information and to begin the intake screening process. Contracted providers may also refer individuals to SCCMHA for service when appropriate.

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Saginaw County Community Mental Health Authority is the local, separate governmental unit serving Saginaw County, a Community Mental Health Services Program (CMHSP), which provides and manages publicly funded specialty mental health and substance use disorder services. SCCMHA is part of the Mid-State Health Network 21 county region.

SCCMHA is headquartered at 500 Hancock Street in Saginaw and provides numerous services including evaluations, screenings, treatments and referrals. SCCMHA assists approximately 5,000 Saginaw County citizens each year.