

**FOR IMMEDIATE RELEASE**

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## **Saginaw County Community Mental Health Authority Expands Psychiatric Staff to Better Serve Community**

SAGINAW, MI – Saginaw County Community Mental Health Authority (SCCMHA) Medical Director Dr. Ann Tadeo and her team welcomed Dr. Tahira Jabeen earlier this year, adding another psychiatrist to the staff roster, which also includes Dr. Gary Vize, in an effort to improve quality services and supports to mental health consumers in Saginaw County.

Dr. Jabeen comes to SCCMHA from Pakistan where she attended medical school at Dow Medical College in Karachi University. She completed her psychiatry residency at St. Elizabeths Hospital in Washington D.C. and has since worked as a staff psychiatrist at various facilities throughout the Midwest, including the Michigan communities of Alpena, Bay City, Kalamazoo, Muskegon, and Petoskey.

“The most rewarding part of this work for me is seeing the symptoms of mental illness diminish or go away all together with the help of modern medicine,” said Dr. Jabeen. “To see consumers who have been battling their illnesses for long periods of time come back to my office and tell me that they are managing better than they ever have before – that’s what matters.”

“Dr. Jabeen will be helping me with a lot of the psychiatric evaluations that come through our office,” explained Dr. Tadeo. “She will be picking up some of that work load so I can give attention to the administrative tasks that I need to take care of as well. She’ll also be helping in our Crisis unit at SCCMHA, taking on acute cases that come through that access point to avoid hospitalizations.”

Dr. Gary Vize, staff psychiatrist for the past nine years, has built strong relationships with consumers and the community alike, focusing his time on representing SCCMHA in the local courts and working with consumers with court orders. He oversees outpatient medication management cases where consumers have been ordered by the court to receive mental health treatment, working closely with them to provide ongoing evaluations and long term care.

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### SCCMHA Expands Psychiatric Staff

“It’s been an honor to work with such a dedicated team of case managers and nursing staff these past nine years,” said Dr. Vize. “My job would be difficult, if not impossible, without the case managers helping both me and the consumers stay on top of things. And the nursing staff here is outstanding - I have honestly never worked with a group of more experienced and committed individuals.”

Dr. Vize comes to SCCMHA from Indiana where he worked as the staff psychiatrist at The Center for Mental Health. He attended college at San Francisco State University where he earned his Bachelor’s Degree, and then The American University of the Caribbean School of Medicine where he earned his Doctorate. He completed his psychiatry residency at Texas Tech University School of Medicine before relocating to Indiana.

“Dr. Vize has been the main physician for some of our consumers for a long time,” explained Dr. Tadeo. “It’s comforting for them to have a consistent face and source of support, and it’s been great having him on our team.”

Both Dr. Jabeen and Dr. Vize provide their services to SCCMHA through contractual agreements and work full-time on-site with the clinical staff and community in Saginaw. “I can’t say enough about how much I appreciate having Dr. Jabeen and Dr. Vize working with us,” said Dr. Tadeo. “The time it’s given me to tackle other tasks on my plate is an unbelievable help and their eagerness to jump into work with all of our staff is energizing. The consumers have always been our number one priority and it’s great to see that the quality of their care is only improving as we continue to grow.”

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*Saginaw County Community Mental Health Authority is the local, separate governmental unit serving Saginaw County, a Community Mental Health Services Program (CMHSP), which provides and manages publicly funded specialty mental health and substance use disorder services.*

*SCCMHA is headquartered at 500 Hancock Street in Saginaw and provides numerous services including evaluations, screenings, treatments and referrals. SCCMHA assists approximately 5,000 Saginaw County citizens each year.*