

V Codes (DSM-5) & Z Codes (ICD-10)

Relational Problems

- V61.20 (Z62.820) Parent-Child Relational Problem
- V61.8 (Z62.891) Sibling Relational Problem
- V61.8 (Z62.29) Upbringing Away From Parents
- V61.29 (Z62.898) Child Affected by Parental Relationship Distress
- V61.10 (Z63.0) Relationship Distress With Spouse or Intimate Partner
- V61.03 (Z63.5) Disruption of Family by Separation or Divorce
- V61.8 (Z63.8) High Expressed Emotion Level Within Family
- V62.82 (Z63.4) Uncomplicated Bereavement

Educational and Occupational Problems

- V62.3 (Z55.9) Academic or Educational Problem
- V62.21 (Z56.82) Problem Related to Current Military Deployment Status
- V62.29 (Z56.9) Other Problem Related to Employment

Housing and Economic Problems

- V60.0 (Z59.0) Homelessness
- V60.1 (Z59.1) Inadequate Housing
- V60.89 (Z59.2) Discord With Neighbor, Lodger, or Landlord
- V60.6 (Z59.3) Problem Related to Living in a Residential Institution
- V60.2 (Z59.4) Lack of Adequate Food or Safe Drinking Water
- V60.2 (Z59.5) Extreme Poverty
- V60.2 (Z59.6) Low Income
- V60.2 (Z59.7) Insufficient Social Insurance or Welfare Support
- V60.9 (Z59.9) Unspecified Housing or Economic Problem

Social Environment

Other Problems Related to the Social Environment

V62.89 (Z60.0) Phase of Life Problem

V60.3 (Z60.2) Problem Related to Living Alone

V62.4 (Z60.3) Acculturation Difficulty

V62.4 (Z60.4) Social Exclusion or Rejection

V62.4 (Z60.5) Target of (Perceived) Adverse Discrimination or Persecution

V62.9 (Z60.9) Unspecified Problem Related to Social Environment

Crime and Legal System

Problems Related to Crime or Interaction With the Legal System

V62.89 (Z65.4) Victim of Crime

V62.5 (Z65.0) Conviction in Civil or Criminal Proceedings Without Imprisonment

V62.5 (Z65.1) Imprisonment or Other Incarceration

V62.5 (Z65.2) Problems Related to Release From Prison

V62.5 (Z65.3) Problems Related to Other Legal Circumstances

Other Health Service Encounters

Other Health Service Encounters for Counseling and Medical Advice

V65.49 (Z70.9) Sex Counseling

V65.40 (Z71.9) Other Counseling or Consultation

Other Psychosocial, Personal, and Environmental Circumstances

Problems Related to Other Psychosocial, Personal, and Environmental Circumstances

V62.89 (Z65.8)	Religious or Spiritual Problem
V61.7 (Z64.0)	Problems Related to Unwanted Pregnancy
V61.5 (Z64.1)	Problems Related to Multiparity
V62.89 (Z64.4)	Discord With Social Service Provider, Including Probation Officer, Case Manager, or Social Services Worker
V62.89 (Z65.4)	Victim of Terrorism or Torture
V62.22 (Z65.5)	Exposure to Disaster, War, or Other Hostilities
V62.89 (Z65.8)	Other Problem Related to Psychosocial Circumstances
V62.9 (Z65.9)	Unspecified Problem Related to Unspecified Psychosocial Circumstances

Circumstances of Personal History

Other Circumstances of Personal History

V15.49 (Z91.49)	Other Personal History of Psychological Trauma
V15.59 (Z91.5)	Personal History of Self-Harm
V62.22 (Z91.82)	Personal History of Military Deployment
V15.89 (Z91.89)	Other Personal Risk Factors
V69.9 (Z72.9)	Problem Related to Lifestyle
V71.01 (Z72.811)	Adult Antisocial Behavior
V71.02 (Z72.810)	Child or Adolescent Antisocial Behavior
V63.9 (Z75.3)	Unavailability or Inaccessibility of Health Care Facilities
V63.8 (Z75.4)	Unavailability or Inaccessibility of Other Helping Agencies

V15.81 (Z91.19) Nonadherence to Medical Treatment
278.00 (E66.9) Overweight or Obesity
V65.2 (Z76.5) Malingering
V40.31 (Z91.83) Wandering Associated With a Mental Disorder
V62.89 (R41.83) Borderline Intellectual Functioning

Abuse and Neglect

Abuse and Neglect

995.54
(T74.12XA) Child Physical Abuse, Confirmed

995.54
(T76.12XA) Child Physical Abuse, Suspected

V61.21 (Z69.010) Encounter for mental health services for victim of child abuse by parent

V61.21 (Z69.020) Encounter for mental health services for victim of nonparental child abuse

V15.41 (Z62.810) Personal history (past history) of physical abuse in childhood

V61.22 (Z69.011) Encounter for mental health services for perpetrator of parental child abuse

V62.83 (Z69.021) Encounter for mental health services for perpetrator of nonparental child abuse

V61.21 (Z69.010) Encounter for mental health services for victim of child sexual abuse by parent

V61.21 (Z69.020) Encounter for mental health services for victim of nonparental child sexual abuse

V15.41 (Z62.810) Personal history (past history) of sexual abuse in childhood

V61.22 (Z69.011) Encounter for mental health services for perpetrator of parental child sexual abuse

V62.83 (Z69.021) Encounter for mental health services for perpetrator of nonparental child sexual abuse

995.52
(T74.02XA) Child Neglect, Confirmed

995.52
(T76.02XA) Child Neglect, Suspected

V61.21 (Z69.010) Encounter for mental health services for victim of child neglect by parent

V61.21 (Z69.020) Encounter for mental health services for victim of nonparental child neglect

V15.42 (Z62.812) Personal history (past history) of neglect in childhood

V61.22 (Z69.011) Encounter for mental health services for perpetrator of parental child neglect

V62.83 (Z69.021) Encounter for mental health services for perpetrator of nonparental child neglect

995.51
(T74.32XA) Child Psychological Abuse, Confirmed

995.51
(T76.32XA) Child Psychological Abuse, Suspected

V61.21 (Z69.010) Encounter for mental health services for victim of child psychological abuse by parent

V61.21 (Z69.020) Encounter for mental health services for victim of nonparental child psychological abuse

V15.42 (Z62.811) Personal history (past history) of psychological abuse in childhood

V61.22 (Z69.011) Encounter for mental health services for perpetrator of parental child psychological abuse

V62.83 (Z69.021) Encounter for mental health services for perpetrator of nonparental child psychological abuse

995.81
(T74.11XA) Spouse or Partner Violence, Physical, Confirmed

995.81
(T76.11XA) Spouse or Partner Violence, Physical, Suspected

V61.11 (Z69.11) Encounter for mental health services for victim of spouse or partner violence, physical

V15.41 (Z91.410) Personal history (past history) of spouse or partner violence, physical

V61.12 (Z69.12) Encounter for mental health services for perpetrator of spouse or partner violence, physical

995.83
(T74.21XA) Spouse or Partner Violence, Sexual, Confirmed

995.83
(T76.21XA) Spouse or Partner Violence, Sexual, Suspected

V61.11 (Z69.81) Encounter for mental health services for victim of spouse or partner violence, sexual

V15.41 (Z91.410) Personal history (past history) of spouse or partner violence, sexual

V61.12 (Z69.12) Encounter for mental health services for perpetrator of spouse or partner violence, sexual

995.85 (T74.01XA) Spouse or Partner Neglect, Confirmed

995.85 (T76.01XA) Spouse or Partner Neglect, Suspected

V61.11 (Z69.11) Encounter for mental health services for victim of spouse or partner neglect

V15.42 (Z91.412) Personal history (past history) of spouse or partner neglect

V61.12 (Z69.12) Encounter for mental health services for perpetrator of spouse or partner neglect

995.82 (T74.31XA) Spouse or Partner Abuse, Psychological, Confirmed

995.82 (T76.31XA) Spouse or Partner Abuse, Psychological, Suspected

V61.11 (Z69.11) Encounter for mental health services for victim of spouse or partner psychological abuse

V15.42 (Z91.411) Personal history (past history) of spouse or partner psychological abuse

V61.12 (Z69.12) Encounter for mental health services for perpetrator of spouse or partner psychological abuse

995.81 (T74.11XA) Adult Physical Abuse by Nonspouse or Nonpartner, Confirmed

995.81 (T76.11XA) Adult Physical Abuse by Nonspouse or Nonpartner, Suspe

V65.49 (Z69.81) Encounter for mental health services for victim of nonspousal or nonpartner adult abuse

V62.83 (Z69.82) Encounter for mental health services for perpetrator of nonspousal or nonpartner adult abuse

Z Codes (ICD-10)

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Chapter XXI

Factors influencing health status and contact with health services

(Z00-Z99)

- [Z00-Z13](#) Persons encountering health services for examination and investigation
- [Z20-Z29](#) Persons with potential health hazards related to communicable diseases
- [Z30-Z39](#) Persons encountering health services in circumstances related to reproduction
- [Z40-Z54](#) Persons encountering health services for specific procedures and health care
- [Z55-Z65](#) Persons with potential health hazards related to socioeconomic and psychosocial circumstances
- [Z70-Z76](#) Persons encountering health services in other circumstances
- [Z80-Z99](#) Persons with potential health hazards related to family and personal history and certain conditions influencing health status

Education and Literacy

Problems Related to Education and Literacy (Z55)

Z55.0 Illiteracy and low-level literacy

Z55.1 Schooling unavailable and unattainable

Z55.2 Failed examinations

Z55.3 Underachievement in school

Z55.4 Educational maladjustment and discord with teachers and classmates

Z55.8 Other problems related to education and literacy

Z55.9 Problem related to education and literacy, unspecified

Employment and Unemployment

Problems Related to Employment and Unemployment (Z56)

- Z56.0 Unemployment, unspecified
- Z56.1 Change of job
- Z56.2 Threat of job loss
- Z56.3 Stressful work schedule
- Z56.4 Discord with boss and workmates
- Z56.5 Uncongenial work
Difficult conditions at work
- Z56.6 Other physical and mental strain related to work
- Z56.7 Other and unspecified problems related to employment

Housing and Economic

Problems Related to Housing and Economic Circumstances (Z59)

- Z59.0 Homelessness
 - Inadequate housing
 - Lack of heating
- Z59.1 Restriction of space
 - Technical defects in home preventing adequate care
 - Unsatisfactory surroundings
- Z59.2 Discord with neighbours, lodgers and landlord
- Z59.3 Problems related to living in residential institution
Boarding-school resident
- Z59.4 Lack of adequate food
- Z59.5 Extreme poverty
- Z59.6 Low income
- Z59.7 Insufficient social insurance and welfare support
 - Other problems related to housing and economic circumstances
- Z59.8 Foreclosure on loan
Isolated dwelling
Problems with creditors

Z59.9 Problem related to housing and economic circumstances, unspecified

Social Environment

Problems Related to Social Environment (Z60)

Problems of adjustment to life-cycle transitions

Z60.0 Adjustment to retirement [pension]

Empty nest syndrome

Atypical parenting situation

Z60.1 Problems related to a parenting situation (rearing of children) with a single parent or other than that of two cohabiting biological parents.

Z60.2 Living alone

Acculturation difficulty

Z60.3 Migration

Social transplantation

Social exclusion and rejection

Z60.4 Exclusion and rejection on the basis of personal characteristics, such as unusual physical appearance, illness or behaviour.

Target of perceived adverse discrimination and persecution

Z60.5 Persecution or discrimination, perceived or real, on the basis of membership of some group (as defined by skin colour, religion, ethnic origin, etc.) rather than personal characteristics.

Z60.8 Other problems related to social environment

Z60.9 Problem related to social environment, unspecified

Negative Life Events in Childhood

Problems Related to Negative Life Events in Childhood (Z61)

Z61.0 Loss of love relationship in childhood

Z61.1 Removal from home in childhood

Z61.2 Altered pattern of family relationships in childhood

Z61.3 Events resulting in loss of self-esteem in childhood

- Z61.4 Problems related to alleged sexual abuse of child by person within primary support group
- Z61.5 Problems related to alleged sexual abuse of child by person outside primary support group
- Z61.6 Problems related to alleged physical abuse of child
- Z61.7 Personal frightening experience in childhood
- Z61.8 Other negative life events in childhood
- Z61.9 Negative life event in childhood, unspecified

Problems Related to Upbringing

Other Problems Related to Upbringing (Z62)

- Z62.0 Inadequate parental supervision and control
- Z62.1 Parental overprotection
- Z62.2 Institutional upbringing
- Z62.3 Hostility towards and scapegoating of child
- Z62.4 Emotional neglect of child
- Z62.5 Other problems related to neglect in upbringing
- Z62.6 Inappropriate parental pressure and other abnormal qualities of upbringing
- Z62.8 Other specified problems related to upbringing
- Z62.9 Problem related to upbringing, unspecified

Problems Related to Primary Support

Other Problems Related to Primary Support Group, including family circumstances (Z63)

- Problems in relationship with spouse or partner
- Z63.0 Discord between partners resulting in severe or prolonged loss of control, in generalization of hostile or critical feelings or in a persisting atmosphere of severe interpersonal violence (hitting or striking).
- Z63.1 Problems in relationship with parents and in-laws

Z63.2 Inadequate family support

Z63.3 Absence of family member

Z63.4 Disappearance and death of family member
Assumed death of family member

Z63.5 Disruption of family by separation and divorce
Estrangement

Z63.6 Dependent relative needing care at home

Other stressful life events affecting family and household

Anxiety (normal) about sick person in family

Z63.7 Health problems within family
Ill or disturbed family member
Isolated family

Other specified problems related to primary support group

Z63.8 Family discord NOS
High expressed emotional level within family
Inadequate or distorted communication within family

Z63.9 Problem related to primary support group, unspecified

Psychosocial Circumstances

Problems related to certain psychosocial circumstances (Z64)

Z64.0 Problems related to unwanted pregnancy

Z64.1 Problems related to multiparity

Z64.2 Seeking and accepting physical, nutritional and chemical interventions known to be hazardous and harmful

Z64.3 Seeking and accepting behavioural and psychological interventions known to be hazardous and harmful

Z64.4 Discord with counsellors
Discord with: probation officer or social worker

Other Psychosocial Circumstances

Problems Related to Other Psychosocial Circumstances (Z65)

Z65.0 Conviction in civil and criminal proceedings without imprisonment

Z65.1 Imprisonment and other incarceration

Z65.2 Problems related to release from prison

Problems related to other legal circumstances

Arrest

Z65.3 Child custody or support proceedings

Litigation

Prosecution

Z65.4 Victim of crime and terrorism

Victim of torture

Z65.5 Exposure to disaster, war and other hostilities

Z65.8 Other specified problems related to psychosocial circumstances

Z65.9 Problem related to unspecified psychosocial circumstances