# Together We Thrive SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY

# When We Work Together, We Thrive

Dear Team and Community Partners and Members,

I am happy to share our 2023/24 Annual Report of accomplishments and achievements.

Much of fiscal year 2023 was devoted to unwinding numerous modifications in service delivery and operations related to the

COVID-19 pandemic. The Michigan Department of Health and Human Services (MDHHS) called an end to the Public Health Emergency on May 12, 2023. Like all health care agencies, Saginaw County Community Mental Health Authority (SCCMHA) needed to pivot operationally, while simultaneously addressing workforce shortages and increased demand for behavioral health services at rates we had never imagined.

Thanks to our entire team's efforts, SCCMHA operations were transformed from surviving to thriving as we focused on our core mission of helping people navigate treatment, promoting mental health through community events and combating stigma.

Throughout 2023, we took on new and important projects, including the continued operational build out of our Certified Community Behavioral Health Clinic (CCBHC), serving as a MDHHS demonstration site. This work included expansion of our psychiatric clinic and outpatient services to individuals with mild to moderate conditions and those with primary substance use disorders — adding new evidence-based practices like Zero Suicide and maintaining training and credentialing of new clinical staff.

The SCCMHA Supported Employment Program elevated their work to the rigors of evidence-based practice when they received MDHHS status as a Supported Employment Individual Placement and Support (IPS) Program.

SCCMHA fully assumed clinical credentialing responsibility for all the contracted provider network and launched our plan to expand commercial insurance billing with partner Yeo and Yeo Medical Billing. The federal standards as a CCBHC required SCCMHA to assume all Medicare and commercial billing for our contracted network

delivering CCBHC Services called Designated Collaborative Organizations. We also implemented a new sliding fee schedule for persons served without insurance early in 2023.

This year, SCCMHA also became a regional Behavioral Health Home site providing enhanced heath care coordination with primary care providers. Though engaged in this activity for many years under a series of federal grants, the new Behavioral Health home brought with it, new regular reimbursement for provider to provider activity. SCCMHA also expanded service delivery capacity with the addition of new network providers of Specialized Residential Service and Applied Behavioral Analysis. We expanded staff positions to support growth in Self Determination arrangements and in our Mobile Response and Stabilization Services allowing us to expand hours of operation.

In response to staff retirements, we realigned our Corporate Compliance, Recipient Rights and Customer Service functions. Our Information Technology and Quality departments came together to form a Business Intelligence Team to turn data into actionable information and our IT department rolled out significant cybersecurity measures and related equipment upgrades.

The SCCMHA Continuing Education Unit trained two staff members to become Applied Suicide Intervention Skill Trainers (ASIST) and added to our curricula for Mental Health First Aid for adults, children and veterans.

We worked with less staff and welcomed and trained new staff in every department, maintaining our mission to serve consumers and their families. In this year filled with triumphs and challenges, my deepest appreciation to our board, management team, staff members, contracted network providers and many other agency partners for accomplishments in this year of transition.

With heartfelt appreciation for all we do together,

Sandra M. Lindsey

Chief Executive Officer

# **Creating a Greater Sense of Belonging Through DEI**

today's current landscape, it is important for Saginaw County Community Mental Health Authority (SCCMHA) to continue to create a safer and more welcoming place for all.

To honor this philosophy, we continue to move forward with our Diversity, Equity and Inclusion (DEI) initiative by renewing our commitment and revising our DEI training.

Our former approach to DEI training involved two-hour, in-person training sessions lead by Dr. Paul Elam, PhD,



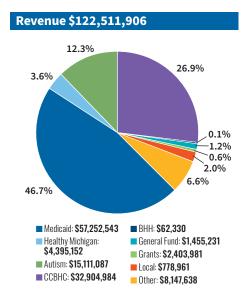
who gave SCCHMA staff an overview of why DEI is important, what SCCMHA's vision for best DEI practices

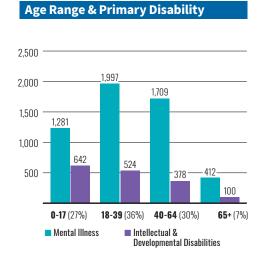
are, and specific actions to be taken to advance these important themes. SCCHMA trained 283 staff members as of August 2024 using this platform.

Our updated DEI training is transitioning to an online format to be completed by staff members as a part of their onboarding process. The Michigan Public Health Institute (MPHI) is producing the new eLearning DEI Training in partnership with SCCMHA's Continuing Education Unit.

This training will not be limited to SCCMHA staff. All primary network providers who work with SCCMHA will also have access to these training modules to ensure that all parties will have the same information and messaging around SCCMHA's DEI standards and best practices to advance this important initiative.

# 2023 Financial & Service Information



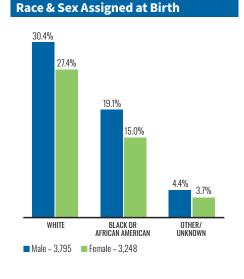


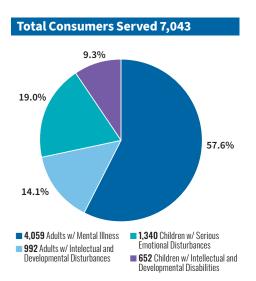
## Expenditures \$106,116,432 15.5% 26.7% 19.7% 6.3% 31.8% ■ Children w/ Intellectual and Adults w/ Mental Illness: \$28,338,966 Developmental Disabilities: \$20,945,055 Adults w/ Intellectual and

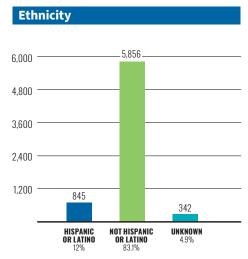
Other Programs: \$16.385.403

Developmental Disabilities: \$33.760.963

■ Children w/ Serious Emotional Disturbances: \$6,686,044







# **By the Numbers**



IS and IT Assistance

7,146
HelpDesk Tickets Closed

**809**Phishing Attempts



Enivorment of Care

134K Square Feet of Agency Space

SCCMHA Facilities

55 Emergency Drills

32 Safety Inspections



**Team Member Credentialing** 

386

New People Credentialed in 2023

86

Recredentialed People



Community Outreach

15+

Events SCCMHA Participated in 2023



Recipients Rights

**283**2023 Investigations Completed

168

2023 Investigations Substantiated 59% of complaints were substantiated



**Continuing Education Units** 

115
SCCMHA Provided Trainings for Clinical Providers

**30** 

Clinical Trainings for Community Partners at a Reduced Cost

**53** 

Hours of Monthly Direct Care Training

**500** 

Direct Care Staff Trained in 2023

320

CEU's Provided for Social Workers

38

People Trained in Youth Mental Health First Aid

122

People Trained in Mental Health First Aid (Adult and Public Safety)



# **BOARD OF DIRECTORS** (Fiscal Year 2024)



Tracey Raquepaw, Chairperson



John Pugh



Jill Armentrout



Kathleen Schachman



Mike Cierzniewski



Maria Vela



Lisa Coney



Joan Williams



Cheri Long



Cynthia Winiecke



**Deb Nagel** 



**Robert Woods** 



# Help is Just a Phone Call Away, 24/7

A 24-hour mental health response team on the go. This is the mission of Mobile Response and Stabilization Services (MRSS), a service offered by SCCMHA to respond to mental health crises on the phone or inperson from anyone in Saginaw County.

MRSS is activated when someone reaches out for help during a mental health crisis, whether at home or anywhere in Saginaw County, assisting individuals in

de-escalation of the situation. Teams are staffed with master'sand bachelor's-level social workers to aid community members and consumers in need.

Help is just a phone call away. MRSS can be reached at (989) 272-0275,

24 hours-a-day, seven days a week, including holidays.

# **Network Service & Support Providers 2024**

### **Specialized Residential** Services Providers

Alternative Community Living, Inc. d/b/a Hope Network New Passages

Angel's Place Corporation Bay Human Services, Inc.

Beacon Harbor Homes, Inc.

Beacon Specialized Living Services, Inc.

Central State Community Services Inc.

Flatrock Manor, Inc.

Frances Specialized Residential

Hope Network Behavioral Health Services

**Hope Network Southeast** 

Hope Network West Michigan

Independent Living Solutions, LLC

Kneaded Angels, Inc.

Krasinski AFC

LoveJoy Community Services

Pal's Place, LLC

Pine Rest Christian Mental Health Service

Regency Assisted Living, LLC

**ResCare Premier** 

Resident Advancement Inc.

Select Residential Solutions

St. Louis Center

Sunnyside Home

The Prosperity House AFC

Valley Residential Services, Inc.

Wellspring Lutheran Services

# Community Living Support Per Diem Providers

Flatrock Manor, Inc. Jubeju Co., Inc.

Wellspring Lutheran Services

# Community Living Support (CLS) Providers

**APS Employment Services** 

Ascension St. Mary's Guardian Angel Respite

& Adult Day Services

**Christian Home Services** 

**Grounded Therapy Network** 

Matthew Miller

Samaritas dba Lutheran Social Services

of Michigan V.O.I.C.E.

**Wellspring Lutheran Services** 

### **Respite Services**

**APS Employment Services** 

Ascension St. Mary's Guardian Angel Respite &

Adult Day Services

HOME – Helping Others Means Everything, LLC Samaritas dba Lutheran Social Services

of Michigan

### **Health Services Providers**

Ascension St. Mary's Guardian Angel Respite & Adult Day Services

Game Changer Pediatric Services, LLC

**Heather Beson** 

Mercy Plus Healthcare Services

Paramount Rehabilitation Services

**SCCMHA Enhanced Health Services** 

WGC ASD Eligibility Determination

### **Autism Service Providers**

**ABA Pathways** 

Acorn Health, LLC dba Autism Centers

of Michigan

Autism of America, LLC

Autism Systems, LLC

Bay Human Services, Inc.

Children's Therapy Corner

Flourish Services, LLC

Game Changer Pediatric Services, LLC Mercy Plus Healthcare Services Paramount Children's Therapy Services

**SCCMHA Autism Program** Spectrum Autism Center

### **Inpatient Providers**

Beaumont Behavioral Hospital

Cedar Creek Hospital

**Forest View Hospital** 

Harbor Oaks Hospital

Havenwyck Hospital

HealthSource Saginaw

McLaren Bay Regional

Memorial Healthcare Hospital

Mercy Health Partners

My Michigan Health

Neuropsychiatric Hospitals, LLC

Pine Rest Christian Mental Health Services

Samaritan Behavioral Center

StoneCrest Center

The Behavioral Center IMD

Trinity Health-Michigan d/b/a St. Mary's Health Care

### Children's Outpatient Clinic Service Providers/Children's Case Management

McDowell Healing Arts Center

Saginaw Psychological Services, Inc.

**SCCMHA Family Services Unit** 

**SCCMHA** Transitional Aged Youth

**SCCMHA Wraparound Units** 

Westlund Guidance Clinic

### **Crisis Service Providers**

Alternative Community Living, Inc. d/b/a Hope Network New Passages

**APS Employment Services** 

Beacon Specialized Living Services, Inc.

North Shores CRU

**SCCMHA Centralized Access Intake SCCMHA Crisis Intervention Services**  SCCMHA Mobile Response & Stabilization Services

Adult Outpatient Clinic (OPC)/ Case Management (CSM)/ **Assertive Community Treatment** (ACT)/Support Coordination Services (SCS)/Independent

**Facilitation (IF) Service Providers** Case Management of Michigan

**Disability Network** 

**Hope Network New Passages** 

McDowell Healing Arts Center

Saginaw Psychological Services, Inc.

SCCMHA Health Home

SCCMHA OBRA/ PASARR Unit

**SCCMHA Self Determination** 

SCCMHA CSM-I/DD Services

Training & Treatment Innovations

**Westlund Guidance Clinic** 

### **Fiscal Intermediaries**

GT Independence Stuart Wilson CPA, P.C.

Clubhouse/Employment/ Skill Building Services/

**Drop-In Center** SCCMHA Community Ties North

**SCCMHA Community Ties South SCCMHA Housing Resource Center** 

**SCCMHA Supported Employment** 

SVRC Industries, Inc.

TTI Bayside Clubhouse

TTI Friends for Recovery Center

# **Pharmacy**

Genoa Healthcare, L.L.C.

### **Limited English Proficiency**

Communications Access Center for the Deaf and Hard of Hearing

Interpretalk

V.O.I.C.E. – Voice for the Hearing Impaired Voices for Health





Mid-State Health Network











HEALTH AUTHORITY

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