



FOR IMMEDIATE RELEASE

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Traveling Art Show Makes Stop in Great Lakes Bay Region to Fight Mental Health Stigma

Saginaw, MI – Saginaw County Community Mental Health Authority (SCCMHA) is excited to welcome the Michigan Association of Community Mental Health Boards' (MACMHB) Traveling Art Show, "Creative Minds, Changing Minds," to the Saginaw community throughout the month of November. The art show features work created by mental health consumers from across the state, and travels to a different community each month in an effort to raise awareness about mental health and to fight the stigma associated with it.

"This art show is a fantastic opportunity for people to learn more about mental health and the unique therapies that consumers across the state utilize through art and creativity," said SCCMHA CEO Sandra Lindsey. "Each one of us has our own story of struggle and triumph, and these artists are bravely putting their stories and creative hearts out there in the name of ending stigma. That's a powerful message that everyone should take the opportunity to experience."

Each piece of artwork has a story that accompanies it - visitors can read about the unique pieces of art they are viewing and learn more about the artists who created them. Anyone interested in purchasing a piece from the show will be able to do so through MACMHB in the fall of 2017 when the show comes to an end. All proceeds raised from the sale of artwork will go toward the coordination of the next art show.

The "Creative Minds, Changing Minds" Statewide Traveling Consumer Art Show will be available for viewing at Saginaw County Community Mental Health Authority facilities as well as Hoyt Library at 505 Janes Avenue during the month of November. If you are unable to view the show during its Saginaw visit, it will return to the Great Lakes Bay region in January 2017 through Bay Arenac Behavioral Health. For more information on when and where artwork will be available to view in Saginaw, contact Melissa Lee at (989) 272-7209 or mlee@sccmha.org. For information on when and where artwork will be available to view in January 2017, contact Trisha Charbonneau-Ivey with Bay Arenac Behavioral Health at tivey@babha.org.

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Saginaw County Community Mental Health Authority is headquartered at 500 Hancock Street in Saginaw. SCCMHA provides numerous services including evaluations, screenings, treatments and referrals. SCCMHA assists approximately 5,000 Saginaw County citizens each year.